



VVDAV Public School, Vikaspuri

Vacation Plan

Class -1

(2021-22)





Holidays are Fun Let's.....Enjoy!

“The holiday season is a perfect time to reflect on blessings and take out ways to make life better for those around us.”

Summer Vacations is the most awaited time for parents and kids. However it's not the same due to Covid-19 as kids are already at home. Thus, our responsibilities get doubled to keep our children active. Let them embark on a journey of fun and adventure by reading books, exercising, meditating, dancing and channelizing their energy in a positive manner.

FEW TIPS AND ACTIVITIES TO MAKE HOLIDAYS FUN AND LEARN TIME FOR KIDS

1. Involving in Household Chores

Assign kids a few tasks which they can easily accomplish like filling water bottles, keeping them in the refrigerator, watering plants, folding washed clothes. Let them have fun while washing their own handkerchief. This is how they can get into the habit of helping out around the house. You will set a pattern that will benefit them when they grow up.

Follow up- activity: To motivate your child give a star or a smiley after imbibing each above mentioned life skill activity.

2. Boosting their Communication Skills

- Help them to learn five new words every day and make a constant effort to use them repeatedly.
- Tell them some good moral based stories in English or Hindi and make them practice to retell at least one story in class.
- Ask them Open Ended Questions For eg. When wrapping a present, putting a large present on a small piece of paper and saying. This won't work. What can we do instead? or if there will be no water on this Earth and so on

- Have Fun with Words

1) Encourage them to play शब्द अंताक्षरी with other family members

बाजा -जाग- गरम- मगर



2) Enjoy playing Word Chain Games with them.

Hut-----Tub-----Bat-----Tap

- Show and Tell Activity can be a delightful game for kids. Give them a topic like favourite fruit, favourite toy etc. or anything like a ball, a pencil etc. Ask him to speak five lines on it. Do appreciate them for their efforts.

- Picture Reading will also help them to express themselves. Choose any age appropriate picture from a newspaper or magazine and encourage them to speak meaningful sentences in English and Hindi. Add some new words to their vocabulary.

Please Note:

- Use resources only which are available at home.
- Prepare a systematic timetable and follow it religiously from the very first day.
- Guide them for all the practice work and activities.



Last but not the least,

Handhold your child at every step, make this journey of life, happy and a beautiful one for them, so that one day they create their own golden stories.

Wish you all a fun filled, safe and healthy holidays ahead.

LET'S BE A ROLE MODEL FOR THEM.

Discover the Joy of Reading



“Today a reader, tomorrow a leader.” One of the best habits that we can inculcate in a child is that of reading. A child who enjoys reading will be a child who will have access to the sea of knowledge. So let’s help them to inculcate the habit of reading.

- Act as a role model and read in front of your child. Watching you reading magazines, newspapers, and books shows your child that reading is important. Encourage your child to join you with his or her own book while you are reading.
- Creating a reading-friendly environment is one of the quickest ways to ensure that your child develops an interest in reading. You are requested to create a cozy reading corner in your child’s room or anywhere in the house.
- To keep them hooked in the book he or she is reading, ask some relevant questions and also encourage him to ask the same from you. Ask what’s happened so far, what he thinks will happen next.
- Make full use of creative reading apps like Freedom App or reading websites like <https://www.storyberries.com/> OR <https://storyweaver.org.in/> .
- Suggested books for your child to read at this age:
 - Ladybird Books Level 1
 - Pratham Books
 - Panchatantra stories



ENGLISH

- Practice framing sentences on commonly used words.
- Complete your practice book till page 8 (**if available**).
- Be a Storyteller -Learn any one moral based English story and practice telling it with voice modulation, expressions and using props (stick puppets or real things or drawings).
- Learn Poem “**MY MUMMY**” (English Reader pg. 41)with proper voice modulation sharing link with you.<https://youtu.be/KIXEVZX4juM>

हिंदी

❖ आओ दोहराएँ आ मात्रा

- आ मात्रा के किन्हीं दस शब्दों के चित्र बनाएं और रंग भरें ।
(यह कार्य हिंदी की कार्यपुस्तिका में करें ।)
- आ मात्रा से अंगों के नाम हिंदी की कार्यपुस्तिका लिखें और उनके चित्र बनाएं ।
- आ मात्रा से खाने की चीज़ों के नाम याद करें ।
- सुनो और लिखो (श्रुतलेख) आ मात्रा के शब्दों का अभ्यास **3 IN 1** कार्यपुस्तिका में करें ।
- ❖ ‘राजा बेटा’ कविता कंठस्थ करें ।

❖ भाषा माधुरी पृष्ठ 2 से 5 तक पढ़ने का अभ्यास करें ।

❖ भाषा अभ्यास पृष्ठ 1 से 10 तक पूरी करें ।

- ❖ प्रिय अभिभावक दिए गए विषयों पर किसी एक विषय पर बच्चों से चर्चा करें और उन्हें विषय पर आठ से दस वाक्य बोलने के लिए प्रोत्साहित करें :

विषय

- ‘अगर पेड़ न होते’ ,
- ‘जहाँ है हरियाली वहाँ है खुशहाली’,
- ‘आओ पेड़ लगाएं-धरती को सुंदर बनाएं’,
- ‘आज ही पेड़ लगाएंगे तो भविष्य में बड़े ही काम आएंगे’ ,
- ‘हम सबने ठाना है प्रकृति को अब बचाना है’



यह मुक्त वाचन की गतिविधि छुट्टियों के बाद कक्षा में भी कराई जाएगी । गतिविधि के दौरान कक्षा में छात्र अपना परिचय देंगे और फिर विषय के बारे में अपने विचार प्रस्तुत करेंगे । वे विषय से सम्बंधित चित्र भी दिखा सकते हैं ।

MATHS

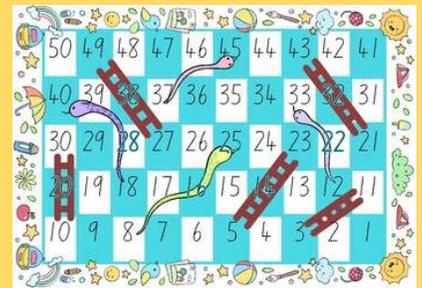
Revise all the concepts

- Counting (1 to 50)
- Number names (1 to 20)
- After , before , between (1-20)
- Complete book pages 1 to 18
- 2 D shapes : triangle, circle, square , rectangle

Fun Activities :

1. COUNTING : Do you love to play snakes and ladders?

- ❖ Design your own game board.
- ❖ Take a square paper or thick sheet on that draw small 50 squares. You can draw snakes and ladders of different shapes and sizes , colour them and write the counting from 1 to 50.
- ❖ You have learned the counting and your board is ready to play.
- ❖ You can paste it on an old copy cover if available.
- ❖ You can have idea from the given picture:



2. Number Names +- Fun Activity (to be done in Maths notebook)

1. Given below are the names of few games. Count the number of letters and write them in words. Draw the table and complete it.

GAMES	NO. OF LETTERS IN EACH WORD	NUMBER NAMES
Cricket	7	Seven
Basketball		
Golf		
Hockey		
Throwball		
Table tennis		
Football		
Chess		

You can also do the same activity with the names of your family members, write the names of your family members, count the number of letters and write their number names.



3. 2 D SHAPES- Fun Activity

In your Maths notebook or on a sheet, make a tabular column like shown below :

Triangle	Hanger	
Rectangle	Door	

Add other shapes and find out different shapes in your house and Write their names in respective columns.

EVS

- Complete Book pg. No 1 in EVS book (My Living World)
- Draw your face on your EVS notebook (interleaf notebook) and label the parts of your face.
- Learn the names of body parts as done in class.
- Fun Activity- [HEALTHY FOOD CAMPAIGN WITH MY FAMILY](#)
 - Learn the names of fruits, vegetables or pulses you are eating daily.
Talk about their colour and taste. Eat healthy and be strong.
 - As we cannot go out ,so organise a **IN HOUSE PICNIC** with your family members. Plan a healthy menu with the help of your family. Grab the sheet and spread in your living room. Discuss the importance of eating healthy food. Enjoy musical activities.

DON'T FORGET TO CLICK PICTURES.





ART AND CRAFT

Activity 1...Bird House

Dear kids ,

1:Make a bird house using a used card board box .

2:Paint it with bright colors.

3:Decorate it with different decorative materials like twigs,paper pieces, ice cream sticks etc.



Activity 2..Books stand

Dear kids make your books stand using empty cornflakes boxes.

1: Take 2-3 cornflakes boxes and cut them as shown in the picture.

2:Cover them with any printed or plain paper.

3:Paste all boxes together as shown in the picture.

4 Decorate it using different decorative materials available with you.

5: Arrange your all books in your Books stand.



Activity....3

Dear kids,

1:Ready to do a magical activity using sketch pens/ painting colors.

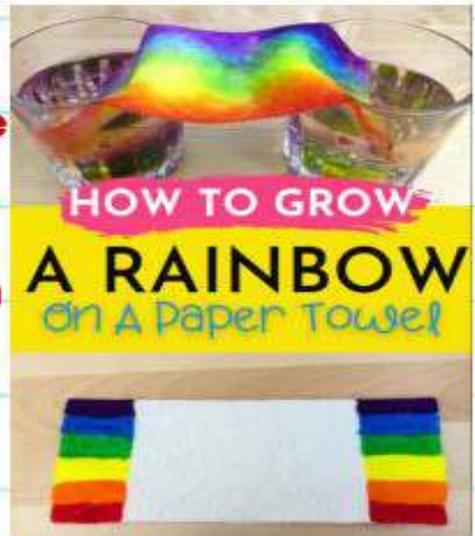
2:Take a tissue paper and do rainbow colors on both ends as shown in the picture.

3:Take 2 glasses of water and place both colored ends of tissue paper in glasses as shown in the picture .

4:Wait till your rainbow grow on tissue paper.

5:Let it get dry and paste it on A4 sheet and write all colors of Rainbow on sheet .

6 Write your name and class on it.



Activity....4

Dear kids,

1:As you all are familiar with hand tracing and printing.

2:Let's do some foot printing and hand printing.

3:Print your foot and hand on separate papers and make a cut out of them .

4: Use your cut outs as flowers and paste them on sticks .

5: Create your beautiful flower vase as shown in the picture.

paste it on A4 sheet and label it



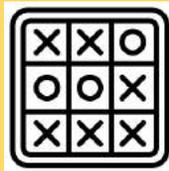
SPORTS AND FITNESS ACTIVITIES

We're all aware that regular physical activity is important and has many health benefits. So here are few indoor activities to keep the kids active. Clear some space in your home for active play, so your children can enjoy moving around without risk of hurting themselves or breaking something.

Suggested Activities:

- Roll the ball activity.
- Walk 5 steps backward on your toes.
- Indoor Games:

➤ Tic Tac Toe.



➤ Carrom

➤ Ludo

- Yoga Exercises
- Stack Attack Activity



MUSIC

- Let's enjoy learning one Hindi prayer (सुबह सवेरेलेकर तेरा नाम प्रभु) and one English prayer(A Gift to You). Sharing links.

<https://youtu.be/n3iG1gkW9R0>

<https://youtu.be/ATqpMqcSwAw>

- Enjoy learning one English song (Happiness is thing if you give it away)
Sharing a link :
<https://youtu.be/QN-0UWJHDI4>
- Must recite Gayatri Mantra and Shanti Paath everyday .

UPCOMING ACTIVITIES IN THE MONTHS OF APRIL, MAY, JUNE

International Dance Day (29.04.21)

Mother's Day (7.5.21)

International Family Day (14.5.21)

World Environment Day (5.6.21)

Father's Day (20.06.21)

World Yoga Day (21.06.21)

(Details of the activities will be shared accordingly.)

