HANSRAJ MODEL SCHOOL PUNJABI BAGH, NEW DELHI

PRE PRIMARY(2020-21)

Mind in the making....your child is more capable than you realize.

All activities are designed to incorporate life skills in their daily routine

RISE AND SHINE EVERY DAY -Wake up early -Drink water -Wish everyone -Exercise -Take a bath -Say a prayer -Have healthy breakfast	1 ST JUNE <u>WORLD MILK DAY</u> Take a break and have a MILK SHAKE with your child, Top it with dry nuts. -Recite rhyme 'MILK HAS CALCIUM'	2 [№] JUNE <u>I AM RESPONSIBLE</u> WHEN -I open, I close. -I turn it on, I turn it off. -I drop, I pick -I make a mess, I clean up	3 RD JUNE LEARN WITH WAX -let the child draw any picture with wax/white crayon -Reveal the pictures using water colors.	4 TH JUNE <u>GRATITUDE</u> Help child in making a list of 5 things that he/she is thankful for and to whom. Refer worksheet(Gratitude jar)	5 TH JUNE <u>WORLD ENVIRONMENT</u> <u>DAY</u> Turn COCO friendly. Seed germination in coconut shells.	6 TH JUNE <u>SOUND HUNT</u> -Go for a sound hunt early morning with your child in the balcony -Let him/her listen and imitate the sounds.
7 [™] JUNE <u>WORLD FOOD SAFETY DAY</u> SHOW AND TELL -Help your child describe his/her favorite fruit. -Discuss hygiene steps he/she will follow before eating.	8 TH JUNE <u>WORLD OCEAN DAY</u> SAVE OCEANS AND AQUATIC LIFE Watch –′ A WHALES TALE' on You tube.	9 TH JUNE <u>LACING ACTIVITY</u> Help your child in tying his/ her shoe laces.	10 TH JUNE <u>THINKING CAPS ON</u> -Read a story to your ward -Make up a new ending together	11 [™] JUNE <u>EXTEMPORE</u> -Give a topic and let the child speak Impromptu for 1 minute.	12 TH JUNE <u>MY FOOTSTEPS</u> Help the child in counting the footsteps between kitchen and the bedroom.	13 [™] JUNE <u>SPIN A STORY</u> GIVE YOUR IMAGINATION WINGS -Start a story -Let the child weave it further.
14 TH JUNE <u>PLAY TELEPHONE</u> Have a telephonic conversation with your ward and teach him/her telephone etiquettes.	15 TH JUNE <u>I SPY</u> -Paste different words on the wall /almirah . -Switch off the lights -Let the child use torch in the darkroom to find words.	16 TH JUNE <u>EMOTIONAL CHARADES</u> -Let the child act out and express different emotions. Refer emojis.	17 TH JUNE ACT LIKE AN ARCHITECT NO BLOCKS NO WORRIES!!! -Help the child build a tower with kitchen steel glasses, bowls ,empty cartons	18 TH JUNE INTERNATIONAL PICNIC DAY FAMILY TIME!!!! Spread your mat, wear your hat. favorite food &something sweet, enjoy indoor lovely treat.	19 TH JUNE <u>BE WHAT YOU WANT TO</u> <u>BE!!</u> Dress up your child to role play his/her favorite cartoon character.	20 TH JUNE <u>ACT OF KINDNESS</u> Place a water bowl and keep a bird feeder in the balcony. 'LOOK AFTER YOUR FEATHERED FRIENDS'
21 ST JUNE INT. YOGA DAY INT. FATHERS DAY INT.MUSIC DAY LONGEST DAY Be innovative. Share your videos and pics with us.	22ND JUNE PRACTISE PATIENCE -Play hopscotch with the child . -Encourage him/her to wait for the turn.	23 RD JUNE <u>LETS BUILD SELF ESTEEM</u> Encourage positive self talks I AM (strong, wise, pretty)	24 TH JUNE LITTLE ASTRONOMERS -Explore night sky with your ward -Observe moon shape -Look for the brightest star- Pole star -	25 TH JUNE FAMILY FANTASY PLAY All family members to dramatize child's favorite story.	26 TH JUNE <u>LETS TRAVEL</u> -Help the child in making a boat with paper folding. -Ask where would they love to travel in their boat. -Help him/her to write.	27 TH JUNE FEEL AND IDENTIFY -Blindfold the child -Give him/her an object -Let the child feel , guess and then describe the object.
28 TH JUNE HOLD THINGS TOGETHER!! -Let the child button up his dad's favorite shirt.	29 TH JUNE <u>SENSORY PLAY</u> Let's play with homemade clay Help the child knead a dough and make different models.	30 [™] JUNE <u>DANCE TO MY TUNE</u> -Child be the Choreographer . -Family to follow the steps.				

HANSRAJ MODEL SCHOOL, PUNJABI BAGH, NEW DELHI