# CURRICULUM PLAN

# **SESSION 2023-2024**

# CLASS 10

#### CURRICULUM PLAN CLASS 10 (2023-2024) ENGLISH

Prescribed Books:-

(a)Literature Reader (b)Workbook (c)Main Course Book

General Objectives:-

To enable the learners to :

- Recognize & identify the main points of the text.
- Communicate effectively & appropriately in real life.
- Use english effectively beyond the curriculum

### APRIL(18 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
F1. Two Gentlemen of Verona	Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets	<ul> <li>Comprehend the text -Vocabulary enrichment</li> <li>Imbibe the values from thestory</li> <li>Appreciate the content</li> <li>Problem Solving</li> </ul>
<u>Activity:-</u> Dialogue Writing	<ul> <li>Interactive Approach</li> <li>Class/group Discussion</li> <li>Υ Active learning through activities.</li> <li>Worksheet/Puzzle</li> </ul>	Scientific temperament will beenhanced ° Creative thinking, Experientiallearning
P1. Frog & the Nightingale	Interactive Approach Reading & Explanation Class Discussion/group Recitation/Paraphrasing PDFs,Worksheets	<ul> <li> <sup>Υ</sup> Read for thematic understanding &amp; pleasure         <sup>Υ</sup> Identify the poetic devices         Imbibe the values from the poem         </li> </ul>
Activity:- Crossword puzzle	Interactive Approach • Class/group Discussion Y Creative thinking Experiential learning	۲ Critical & Creative thinking ۲ Scientific temperament will beenhanced Active learning through activities

### MAY(15 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
F2.Mrs.Packletide's Tiger	Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets	<ul> <li>Comprehend the text - Vocabulary enrichment</li> <li>Imbibe the values from thestory</li> <li>Appreciate the content</li> <li>Problem Solving</li> </ul>
<u>Activity:-</u> Poster on 'Save Tiger'	Interactive Approach • Class/group Discussion Y Creative thinking Y Experiential learning	Υ Scientific temperament willbe enhanced Active learning through activities
<u>Workbook:-</u> Unit 4 Non-Finites	Interactive Approach Class Discussion/group Discussion Y PDFs,Worksheets	<ul> <li>Understanding &amp; using thenon- finites correctly</li> <li>Framing correct sentencesusing non-finites</li> </ul>
MCB:- Unit 1-Health & Medicines	<ul> <li>Υ Interactive Approach</li> <li>Υ Reading &amp; Explanation</li> <li>Υ Class Discussion/group</li> <li>Discussion</li> <li>Υ Critical thinking</li> </ul>	Υ Comprehend the text Reading extensively at theirown Making correct sentences
Writing Skills based on MCB	<ul> <li>Υ Problem solving</li> <li>Interactive Approach</li> <li>Υ Problem solving</li> <li>,Active learning</li> <li>Υ Format Discussion</li> <li>Υ Analytical skills •</li> <li>PDFs,Worksheets</li> <li>Υ Creative &amp; Critical thinking</li> </ul>	<ul> <li>Understand &amp; apply theformats correctly</li> <li>-Fluency in writing</li> </ul>

# JULY(21 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
F3. The Letter	Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets • Problem Solving	<ul> <li>Comprehend the text</li> <li>Vocabulary enrichment</li> <li>Imbibe the values from the story</li> <li>Appreciate the content</li> </ul>
<u>Activity</u> :- Arrange the sequence	Interactive Approach • Class/group Discussion Y Creative thinking Y Experiential learning	<ul> <li>Y Scientific temperament will be enhanced</li> <li>Active learning through activities</li> <li>Y Read for thematic</li> </ul>
P2. Mirror	Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets • Problem Solving Y Critical & Creative thinking	<ul> <li>understanding &amp; pleasure</li> <li>Identify the poeticdevices</li> <li>Imbibe the values from the poem</li> <li>Scientific temperament will be enhanced</li> </ul>
<u>Activity</u> :- Research on Conversational poem	Recitation/Paraphrasing Interactive Approach • Class/group Discussion Y Creative thinking	Active learning throughactivities I Read for thematic understanding & pleasure I Identify the poeticdevices
P3. Not Marble Nor The Gilded Monuments	<ul> <li>Υ Experiential learning</li> <li>Interactive Approach</li> <li>Reading &amp; Explanation</li> <li>Class Discussion/group</li> <li>PDFs,Worksheets</li> <li>Problem Solving</li> <li>Υ Critical &amp; Creative thinking</li> <li>Recitation/Paraphrasing</li> </ul>	<ul> <li>Imbibe the values from the poem</li> <li>Scientific temperament will be enhanced</li> <li>Active learning through activities</li> </ul>
<u>Activity:-</u> What's a Sonnet Shakespear as a Sonnetier	Interactive Approach • Class/group Discussion ° Creative thinking ° Experiential learning	

<u>Workbook:-</u> Unit 5 Relatives Unit 7 Conditionals	Interactive Approach Class Discussion/group Discussion PDFs,Worksheets	<ul> <li>Understanding &amp; usingthe relatives &amp; conditionals correctly</li> <li>Framing correct sentences using relatives&amp; conditionals</li> </ul>
<u>MCB</u> :- Unit 2- Education Unit 3- Science	<ul> <li>Υ Interactive Approach</li> <li>Υ Reading &amp; Explanation</li> <li>Υ Class Discussion/group Discussion</li> <li>Υ Critical thinking</li> <li>Υ Problem solving</li> </ul>	<ul> <li>Ŷ Comprehend the text</li> <li>Reading extensively attheir own</li> <li>Making correctsentences</li> <li>Understand &amp; applythe formats correctly</li> <li>-Fluency in writing</li> </ul>
Writing Skills based on MCB	Interactive Approach Y Problem solving ,Active learning Y Format Discussion Y Analytical skills • PDFs,Worksheets Y Creative & Critical thinking	

### AUGUST (23 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
P4. Ozymandias	Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets • Problem Solving Y Critical & Creative thinking	<ul> <li>Υ Read for thematic</li> <li>understanding &amp; pleasure</li> <li>Y Identify the poeticdevices</li> <li>Y Imbibe the values from the poem</li> <li>Y Scientific temperament will be</li> </ul>
	Recitation/Paraphrasing	enhanced Active learning throughactivities
Activity:- Comparing Sonnets with illustration D1. The Dear Departed	Interactive Approach • Class/group Discussion Y Creative thinking Y Experiential learning Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets • Problem Solving Y Critical & Creative thinking	<ul> <li>Read for thematic understanding &amp; pleasure Comprehend the text</li> <li>Yocabularyenrichment</li> <li>Character Analysis</li> <li>Scientific temperament will be enhanced</li> <li>Active learning through</li> </ul>
<u>Activity</u> :- Categorising the irony	Interactive Approach • Class/group Discussion	

<u>Workbook:-</u> Unit 8- Comparison	Interactive Approach Class Discussion/group Discussion Y PDFs,Worksheets	activities • Understanding & usingthe comparison correctly • Framing correctsentences using comparison
<u>MCB</u> :- Unit 4- Environment	<ul> <li>Interactive Approach</li> <li>Reading &amp; Explanation</li> <li>Class Discussion/group Discussion</li> <li>Critical thinking</li> <li>Problem solving</li> </ul>	<ul> <li>Y Comprehend the text</li> <li>Reading extensively attheir own</li> <li>Making correctsentences</li> <li>Understand &amp; applythe formats correctly</li> <li>-Fluency in writing</li> </ul>
Writing Skills based on MCB	Interactive Approach Y Problem solving ,Active learning Y Format Discussion Y Analytical skills Y Creative & Critical thinking	

### SEPTEMBER (10 days) - Revision for Mid-Term Exam

### OCTOBER(19 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
F4. A Shady	Interactive Approach	<ul> <li>Read for thematic understanding</li> </ul>
Plot	Reading & Explanation	& pleasure Comprehend the text
	Class Discussion/group	် Vocabularyenrichment
	PDFs,Worksheets	ິ Character Analysis
	$\Upsilon$ Critical & Creative thinking	
		$\Upsilon$ Scientific temperament will be
		enhanced
Activity:-		Active learning throughactivities
Comic Strip	Interactive Approach	
	<ul> <li>Class/group Discussion</li> </ul>	Ϋ́ Read for thematic
	۲ Creative thinking	understanding & pleasure
	Υ Experiential learning	1 Identify the poeticdevices
		m  m  m  m  m  m  m  m  m  m  m  m  m
P5.The Rime of	Interactive Approach	
the Ancient	Reading & Explanation	
Mariner	Class Discussion/group	
	PDFs,Worksheets	
	Problem Solving	
	Υ Critical & Creative thinking	

	Recitation/Paraphrasing	the poem
Activity:- Make Sentences using idioms. Archaic words	Interactive Approach • Class/group Discussion Υ Creative thinking Υ Experiential learning	Ϋ́ Scientific temperament will beenhanced Active learning throughactivities
list. <u>MCB</u> :-	۲ Interactive Approach	<ul> <li>Y Comprehend the text</li> <li>□Reading extensively attheir own</li> <li>□Making correctsentences</li> </ul>
Unit 5- Travel & Tourism	<ul> <li> <sup>γ</sup> Reading &amp; Explanation         <sup>γ</sup> Class Discussion/group Discussion         <sup>γ</sup> Critical thinking         <sup>γ</sup> Problem solving         <sup>γ</sup> </li> </ul>	<ul> <li>Understanding &amp; usingthe editting correctly</li> </ul>
<u>Workbook</u> :- Unit 9- Avoiding Repetition	Interactive Approach Class Discussion/group Discussion	• Framing correct sentences by avoidingrepetition
Repetition	۲ PDFs,Worksheets	<ul> <li>Understand &amp; applythe formats correctly</li> <li>-Fluency in writing</li> </ul>
Writing Skills based on MCB	Interactive Approach Y Problem solving ,Active learning Y Format Discussion Y Analytical skill	
	۲ Creative & Critical thinking	

### NOVEMBER(19 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
F5.Patol Babu	Interactive Approach	<ul> <li>Read for thematic</li> </ul>
	Reading & Explanation	understanding & pleasure
	Class Discussion/group	Comprehend the text
	PDFs,Worksheets	ິ Vocabulary
	$\Upsilon$ Critical & Creative thinking	enrichment
		ິ Character Analysis
<u>Activity:</u> - Pen Potrait	Interactive Approach • Class/group Discussion Y Creative thinking Y Experiential learning	Ϋ́ Scientific temperament will beenhanced Active learning through activities
		<ul> <li>Read for thematic understanding &amp; pleasure</li> </ul>
P6. Snake	Interactive Approach Reading & Explanation Class Discussion/group PDFs,Worksheets	Comprehend the text

	Υ Critical & Creative thinking	ິ Vocabulary
		enrichment
		۲ Character Analysis
Activity:-		
If I were a		۲ Scientific temperament will
Snake	Interactive Approach	beenhanced
Role enactment	<ul> <li>Class/group Discussion</li> </ul>	Active learning throughactivities
	l Creative thinking	
	۲ Experiential learning	Ϋ́ Comprehend the text
		-
	<sup>°</sup> Interactive Approach	Reading extensively attheir own
<u>MCB</u> :-	Î Interactive Approach	□Making correctsentences
Unit 6-National	I Reading & Explanation	
Integration	Υ Class Discussion/group Discussion	<ul> <li>Understanding &amp; usingthe</li> </ul>
	Υ Critical thinking	nominalisation correctly
	1 Problem solving	<ul> <li>Framing correctsentences</li> </ul>
		using nominalisation
	Interactive Approach	
Workbook:-	Class Discussion/group Discussion	
Unit 10-	۲ PDFs,Worksheets	<ul> <li>Understand &amp; applythe</li> </ul>
Nominalisation		formats correctly
		-Fluency in writing
		, .
	Interactive Approach	
Writing Skills	Improve Approach       I Problem solving	
based on MCB	C C	
	,Active learning	
	۲ Format Discussion	
	۲ Analytical skill	
	Υ Creative & Critical thinking	

### DECEMBER (22 days)

Chapter/Topic	Teaching Methodology & Skills involved	Learning Outcomes
F6.Virtually True	Interactive Approach	Read for thematic
	Reading & Explanation	understanding & pleasure
	Class Discussion/group	Comprehend the text
	PDFs,Worksheets	ို Vocabulary
	$\Upsilon$ Critical & Creative thinking	enrichment
		ို Character Analysis
<u>Activity</u> :- Virtual character of online game	Interactive Approach • Class/group Discussion Y Creative thinking Y Experiential learning	۲ Scientific temperament will beenhanced Active learning throughactivities

D2- Julius Caesar	Interactive Approach Class Discussion/group Discussion Ƴ PDFs,Worksheets	• Read for thematic understanding & pleasure Comprehend the text Y Vocabulary enrichment Y Character Analysis
<u>Activity</u> :- Worksheet on characters	Interactive Approach • Class/group Discussion Y Creative thinking Y Experiential learning	Ϋ́ Scientific temperament will beenhanced Active learning throughactivities

### JANUARY(17 days)-

Revision for Annual Exam

### SUMMER BREAK HOLIDAY HOMEWORK

(i)Art Integrated Project :-

PPT on 'EK BHARAT SRESHTHA BHARAT'

#### WINTER BREAK HOLIDAY HOMEWORK

(i)Art Integrated Project :-Movie Review(Julius Caesar) (ii)Workbook:-Complete the Units 1,2,3 & 6

(ii)Workbook:-Complete the Units 11 to 14

# पाठ्यक्रम योजना कक्षा-10 (2023-24) हिन्दी

# भाषा शिक्षण उद्देश्य

- 4 दैनिक जीवन में हिन्दी में समझने बोलने के साथ-साथ लिखने की क्षमता का विकास।
- 🖶 हिन्दी के किशोर-साहित्य,अ.खबार व पत्रिकाओं को पढ़कर समझ पाना और उसका आनंद उठाने की क्षमता का विकास।
- 4 औपचारिक विषयों और संदर्भों में बातचीत में भाग ले पाने की क्षमता का विकास।
- 🖊 हिन्दी के जरिए अपने अनुभव संसार को लिख कर सहज अभिव्यक्ति कर पाने में सक्षम बनाना।
- 🖶 संचार के विभिन्न माध्यमों में प्रयुक्त हिन्दी के विभिन्न रूपों को समझने की योग्यता का विकास।
- 4 कक्षा में बहुभाषिक,बहुसांस्कृतिक संदर्भों के प्रति संवेदनाशील सकारात्मक सोच बनाना।
- 4 अपनी मातृभाषा और परिवेशगत भाषा को साथ रखकर हिन्दी की संरचनाओं की समझ बनाना।
- </u> सामाजिक मुद्दों पर समझ बनाना।
- 🖊 कविता,कहानी तथा घटनाओं को रोचक ढंग से लिखना।
- 🖊 जाति ,धर्म,रीति-रिवाज तथा लिंग के विषय को समझने की क्षमता का विकास।
- 🖊 भाषा एवं साहित्य को समझने एवं आत्मसात करने की दक्षता का विकास।

# <u> अप्रैल</u>

### <u>(18 दिवस)</u>

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
बड़े भाई साहब	🕂 प्रवाह चित्र	🖶 विश्लेषणात्मक
	4 पी.पी.टी	4 रचनात्मक एवं तार्किक
	📥 व्याख्यान विधि	कौशल का विकास
	4 दृश्य-श्रव्य साधनों का	4 छात्र शिक्षा के सही

	प्रयोग	स्वरूप को समझ पाने
		में सक्षम हो पायेंगे।
साखी	4 दृश्य - श्रव्य साधनो	🕂 कबीर के व्यक्तित्व से
	से व्याख्यान विधि का	परिचित होते हुए
	प्रयोग	उनकी शिक्षा को अपने
	📥 प्रवाह चित्र	जीवन में आत्मसात
	井 पी.पी.टी	करने का प्रयास कर
		पायेंगे।

# <u>मई(15 दिवस)</u>

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
हरिहर काका	🕂 वृत्तचित्र के माध्यम	4 समाज में बुज़ुर्गों के प्रति
	से दृष्टांत विधि ।	युवा वर्ग की जागरूकता
	🖶 प्रवाह चित्र	व सम्मान की भावना
	4 पी.पी.टी	पैदा करना।
	4 दृश्य-श्रव्य साधनों को	4 दैनिक जीवन में मीडिया
	प्रयोग	का महत्त्व।
		4 धर्म से जुड़े अंधविश्वासों
		के प्रति जागरूकता।
व्याकरण	4 आगनात्मक विधि व	4 भाषा-कौशल के प्रयोग
मुहावरे	प्रारूप के उदाहरण	का विकास
सूचना - लेखन		

जुलाई(22 दिवस)

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
मीरा के पद	🖶 अनुकरण विधि	井 भक्तिकाल में
	4 पी.पी.टी से व्याख्यान	सामाजिक
	विधि	परिस्थितियों से
	🖶 प्रवाह चित्र	परिचित हो पायेंगे।
	📥 पी.पी.टी	井 मीरा के जीवन में
	븆 दृश्य-श्रव्य साधनों को	कृष्ण के महत्त्व को
	प्रयोग	समझ पायेंगे।
		井 मीरा की दास्य-भाव
		भक्ति से परिचित
		हो पायेंगे।
		📥 सैनिकों की देश-
		भक्ति से परिचित
कर चले हम फ़िदा	📥 अनुकरण विधि	हो पायेंगे।
	4 पी.पी.टी से व्याख्यान	
	विधि ।	井 भविष्य में देश हित
	📥 प्रवाह चित्र	के लिए आगे बढ़ने
	븆 पी.पी.टी	के लिए प्रेरित हो
	4 दृश्य-श्रव्य साधनों को	पायेंगे।
	प्रयोग	
व्याकरण समास	4 ऑडियो-वीडियो साधन	🕇 शब्द भंडार में वृद्धि

	4 अभ्यास- पत्र	I
अनुच्छेद- लेखन	4 सहायक बिंदुओं से	井 लेखन कौशल क्षमता
पत्र- लेखन	अभ्यास ।	में संवर्धन

# अगस्त(23 दिवस)

• • •		
तंतारा-वामीरो	4 प्रश्नोत्तरी विधि	🕂 मानवीय संबंधों को
आत्मत्राण	井 🛛 प्रवाह चित्र	井 स्थापित करने वाली
	井 🛛 पी.पी.टी	井 रोचक प्रेम कथा से
	井 🛛 अभ्यास पत्र	4 परिचित हो पायेंगे।
		井 🛛 प्रेम के अलौकिक
		🕂 स्वरूप को जान
		📥 पायेंगे।
मनुष्यता	🕂 व्याख्यान विधि	🖶 मनुष्यता के
	井 🛛 प्रवाह चित्र	井 वास्तिविक भाव को
	井 🛛 पी.पी.टी	🕂 आत्मसात करने में
	井 🛛 अभ्यास पत्र	4 सक्षम हो पायेंगे।
		井 🛛 परोपकार की राह
		井 पर चल पायेंगे।
रचना के आधार	🕂 अभ्यास पत्र	井 लेखन- कौशल का विकास
पर वाक्य		
रूपांतरण		
पिनंतर(?? दितम)		

# <u>सितंबर(22 दिवस)</u>

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
टोपी शुक्ला	4 प्रश्नोत्तरी व	4 छात्र जीवन में प्रेम जैसी सुंदर

	दृष्टांत विधि	भावना के लौकिक स्वरूप को
	📥 प्रवाह चित्र	समझ पायेंगे।
	4 पी.पी.टी	4 विविधता में एकता जैसे
	📥 अभ्यास पत्र	महत्त्वपूर्ण भाव को अपने
		जीवन में लाने का प्रयास
		करेंगे।
		4 जीवन में राष्ट्रीय धरोहर के
तोप	📥 प्रश्नोत्तरी व	महत्त्व से परिचित हो पायेंगे।
	दृष्टांत विधि	📥 स्वतंत्रता संग्राम में शहीद हुए
	井 प्रवाह चित्र	रैनिकों की शाहदत को याद
	📥 पी.पी.टी	कर पायेंगे।
	4 अभ्यास पत्र	
पदबंध	4 आगनात्मक विधि	井 भाषा-कौशल के प्रयोग का
		विकास।

# अक्टूबर(19 दिवस)

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
पर्वत- प्रदेश में	🕂 अनुकरण विधि	🖶 प्रकृति-सौन्दर्य को
पावस	4 व्याख्यान विधि	आत्मसात करने में
	4 पी.पी.टी.	सक्षम
	📥 प्रवाह चित्र	4 प्रकृति की सुंदरता
	📥 अभ्यास पत्र	को बचाय रखने के

		लिए अन्य लोगों को जागरूक कर पायेंगे।
सपनों के से दिन	<ul> <li>↓ प्रश्नोत्तर विधि</li> <li>↓ दृष्टांत विधि</li> <li>↓ प्रवाह चित्र</li> <li>↓ पी.पी.टी.</li> <li>↓ अभ्यास पत्र</li> </ul>	<ul> <li>दिन्दी की संस्मरण विधा से परिचित हो पायेंगे।</li> <li>लेखक की तरह अपने जीवन से जुड़ी स्मृति को कलमबद्ध कर पायेंगे।</li> </ul>
पत्र लेखन (औपचारिक )	4 प्रारूप समझाना व अभ्यास लेखन	सरल और सटीक शब्दों के प्रयोग में सक्षम ।

# नवंबर(19 दिवस)

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
अब कहाँ दूसरों के	🖶 दृष्टांत विधि	4 जीव-जंतुओं के प्रति संवेदना
दुख में दुखी होने	🖶 विश्लेषणात्मक	व पर्यावरण की सुरक्षा में
वाले	विधि	सक्षम
	븆 पी.पी.टी.	
	븆 प्रवाह चित्र	

	📥 अभ्यास पत्र	
लघु कथा लेखन	🖶 दृष्टांत विधि	4 रचनात्मक लेखन कौशल का
	अभ्यास पत्र	विकास
डायरी का पन्ना	📥 व्याख्यान	4 स्वतंत्रता संग्राम में शहीद हुए
	विधि	सैनिकों की शाहदत को याद
	4 पी.पी.टी.	कर पायेंगे।
	🖶 प्रवाह चित्र	4 देश की स्वतंत्रता में महिलाओं
	🖶 अभ्यास पत्र	के योगदान से परिचित हो
		पार्यंगे।
		4 देश के प्रति राष्ट्र प्रेम की
		भावना को विकसित कर
		पायेंगे।

दिसंबर(22 दिवस)

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
झेन की देन \	<del>4</del> संश्लेषणात्मक	븆 जापान के लोगों की जीवन
गिन्नी का सोना	विधि	शैली से परिचित हो पायेंगे।
	🕂 व्याख्यान विधि	4 चाय बनाने की चा-नू-यू के
	4 पी.पी.टी.	पीछे जुड़े उद्देश्य को समझ
	🖶 प्रवाह चित्र	पायेंगे।
	井 अभ्यास पत्र	4 आदर्शवाद और यर्थाथवाद के

		अन्तर को समझ पायेंगे।
कारतूस	4 पी.पी.टी	4 ऐतिहासिक घटनाओं में प्रति
	📥 प्रवाह चित्र	जिज्ञासु प्रवृत्ति।
	4 प्रश्नोत्तरी विधि	4 वज़ीर अली जैसे सच्चे
	📥 अभ्यास पत्र	सिपाही/देशभक्त से प्रेरणा ले
		पायेंगे।
विज्ञापन	📥 प्रारूप समझाना	🕇 सरल और सटीक शब्दों के
	अभ्यास पत्र	प्रयोग में सक्षम

# जनवरी(17 दिवस)

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
पुनरावृत्ति कार्य	븆 सी.बी. एस. ई.	📥 आत्मविश्वास में संवृद्धि
हेतु	के प्रतिदर्श पत्रों से	
गद्य/पद्य पाठों	अभ्यास	
से वस्तुनिष्ठ		
प्रश्न		

# फरवरी

पाठ का नाम	शिक्षण युक्ति	अधिगम संप्राप्ति
पुनरावृत्ति - कार्य हेतु रचनात्मक लेखन	📥 अभ्यास पत्र	<del>4</del> लेखन कौशल का विकास ।

<u>ग्रीष्मावकाश - कार्य</u>

∔मैं कौन हूँ?(स्लेम बुक) ∔मूल्यांकन हेतु छात्र निम्न विषयों पर कार्य पत्रिका में कार्य करेंगे। ╡विभिन्न विषयों पर आकर्षक विज्ञापन ( सार्वजनिक/निजी/सरकारी )प्रत्येक से दो |
╡लघु कथा लेखन(संकेत बिन्दुओं,स्थिति और सीख पर आधारित ) तीन लिखें |
╡यादों का इडियट बॉक्स
↓पेड़ की आत्मकथा
╡मुस्कुराहटों के प्रकार
╡मुस्कुराहटों के प्रकार
╡मुखौटा निर्माण
╡दादी/दादा की कहानी उनकी जुबानी
╡लेखन कार्य- विभिन्न औपचारिक पत्रों के प्रारूप विषय निर्देश:-∻ लेखन कार्य स्वच्छ व आकर्षक हो <u>शरदावकाश कार्य(परियोजना कार्य)</u>
╡ सी बी एस ई द्वारा निर्देशित

📥 अपने जीवन में किये गए परोपकार में से किसी एक की व्याख्या।

### CURRICULUM PLAN CLASS 10 (2023-2024) MATHEMATICS (041/241)

# APRIL (18 Days)

Topic/sub Topic	Teaching aids/	Expected Learning outcomes/
	Methodology	Skills developed
<ul> <li>1.Real Number</li> <li>•Fundamental Theorem of Arithmetic</li> <li>•Revisiting Irrational Numbers</li> </ul>	Audio visual aids Indo-deductive method Worksheet -1 to be given	<ul> <li>The students will be able to:</li> <li>develop mental ability, reasoning power and logic in the field of real no'.s.</li> </ul>
<ul> <li>2.Polynomials</li> <li>Standard form,meaning of zero of polynomial and finding zero of polynomial.</li> <li>Relationship between zeroes and coefficients of a polynomial .</li> </ul>	Audio visual aids/whiteboard.fi Worksheet -2 to be given Lab activity 1: To Draw the Graph of a Quadratic Polynomial and observe: i. The shape of the curve when the coefficient of x <sup>2</sup> is positive ii. The shape of the curve when the coefficient of x <sup>2</sup> is negative iii. Its number of zero Audio visual aids/whiteboard.fi	<ul> <li>The students will be able to:</li> <li>Identify and understand different types of polynomials</li> <li>To Solve problems based on the relation between zeroes and the coefficient of the polynomial</li> </ul>
<ul> <li>3.Pair of Linear equations</li> <li>in two variables</li> <li>Graphical method of solution .</li> </ul>	MAY (15 DAYS) Hands on activity on graphs Worksheet -3 to be	<ul> <li>The students will be able to:</li> <li>To identify and to understand the general form of a pair of linear equations in two variables and apply the knowledge in solving</li> </ul>

<ul> <li>Consistency of pair of liner equations .</li> <li>Algebraic methods of solution         <ul> <li>Substitution method</li> <li>Elimination method</li> </ul> </li> </ul>	given Lab activity 2: To obtain the condition for consistency of system of linear Equations in two variables	<ul> <li>real life problems.</li> <li>Logical Thinking, Problem Solving ,analytical skills developed</li> </ul>
<ul> <li>4.Quadratic Equations <ul> <li>Standard form of quadratic equation .</li> <li>Solution quadratic equation by factorization</li> <li>Nature of roots</li> </ul> </li> </ul>	Audio visual aids/whiteboard.fi Indo deductive method Worksheet -4 to be given	<ul> <li>The students will be able to:</li> <li>Recall quadratic equations and convert real life word problems into a quadratic equations</li> </ul>

# JULY – (22 DAYS)

<ul> <li>5.Arithmetic progression <ul> <li>General form of an A.P.</li> <li>nth term of an A.P.</li> </ul> </li> <li>Sum of first n terms of an A.P.</li> <li>Sum of first n terms of an A.P.</li> </ul> <li>6. Co-ordinate geometry <ul> <li>Distance formula</li> <li>Section formula</li> <li>Midpoint formula.</li> </ul> </li>	Audio visual aids/whiteboard.fi Worksheet -5to be given Lab activity 3: To verify that given sequence is an A.P (Arithmetic Progression) by the paper Cutting and Paper Folding. Audio visual aids Geogebra activity Learning by doing method/ using graphs Worksheet -6to be given	<ul> <li>The students will be able to:</li> <li>To understand the concept of an Arithmetic progression.</li> <li>To find the sum of n terms of an A.P and To form an A.P. from a given situational problem and solve.</li> </ul> The students will be able to: <ul> <li>Reinforce the understanding of plotting of points on co-ordinate plane.</li> <li>Understand and apply the concepts taught.</li> </ul>
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# AUGUST (23 days)

	Teaching aids/ Methodology	Expected Learning outcomes/ Skills developed
<ul> <li>7.Triangles</li> <li>Similar figures, Basic proportionality theorem</li> <li>Similarity of Triangles, Criteria for similarity.</li> </ul>	Methodology Audio visual aids/whiteboard.fi Geogebra activity Hands on activity on graphs Worksheet -7to be given Lab activity 4: To verify Basic proportionality	<ul> <li>Skills developed</li> <li>The students will be able to: <ul> <li>Understand and learn the concept of similarity.</li> <li>Logical Thinking, Problem Solving, analytical skills developed.</li> </ul> </li> </ul>
<ul> <li>8. Introduction to Trigonometry</li> <li>Trigonometric Ratios</li> <li>Trigonometric ratios of some specific angle</li> <li>Trigonometric Identities</li> </ul> 9.Application of trigonometry <ul> <li>Angle of elevation, angle of depression, line of sight</li> </ul>	theorem using parallel line board. Audio visual aids/whiteboard.fi Smart board Worksheet -8to be given	<ul> <li>The students will be able to:</li> <li>To know and to identify the relationship between different trigonometric ratios.</li> <li>To develop mental ability, reasoning power and logic in the field of <ul> <li>Trigonometry.</li> </ul> </li> </ul>
	Audio visual aids	<ul> <li>To apply knowledge of trigonometry in real life situations.</li> </ul>
	Worksheet -9 to be given Lab activity 5:	

a) To make	
mathematical	
instrument	
clinometer for	
measuring the angle	
of	
elevation/depression	
of an object	
(b) To calculate the	
height	
Of an object.	

### SEPTEMBER (10 days)

<ul> <li>10.Statistics</li> <li>Mean of grouped data</li> <li>Mode of grouped data</li> <li>Median of grouped data</li> <li>data</li> </ul>	Smart board Learning by doing method to be used <b>Worksheet -10</b> to be given	<ul> <li>The students will be able to:</li> <li>Calculate mean ,median ,mode of grouped data</li> </ul>
REVISION FOR MIDTERM		

OCTOBER- (19 DAYS)		
<ul> <li><b>11. Probability</b> <ul> <li>Basic probability</li> <li>Experimental approach</li> </ul> </li> <li>Probability of an event</li> </ul>	Audio visual aids Learning by doing method Worksheet -11 to be given	To acquaint the students with the Empirical formula of Probability to find probability of events in different situations The students will be able to: Develop mental ability ,reasoning skill ,computational skill
<ul> <li>12.Circles</li> <li>Tangents to a circle</li> <li>Number of tangents from a point to a circle</li> </ul>	Smart board Worksheet -12 to be given Geogebra activity	
	Lab activity 6: To verify that lengths of Tangents Drawn from an External Point, to a circle are equal by using method of paper cutting, paper folding and pasting.	The students will be able to: Understand and apply knowledge of tangents to solve different problems
<ul> <li><b>13.Area related to circles</b></li> <li>Length of arc</li> <li>Area of sector</li> <li>Area of segment</li> </ul>	Audio visual aids Geogebra activity Worksheet -13to be given	<ul> <li>The students will be able to:</li> <li>Recall the concept of circumferfnce and area of a circle</li> <li>To learn to find area of a ring, area of minor and major sector, area of minor and major segment, length of an arc</li> <li>Identify ,understand and apply the knowledge tosolve problems related to area of circles</li> </ul>

### **NOVEMBER (19 DAYS)**

<ul> <li><b>14.Surface area and volume</b></li> <li>Suface area of 3D shapes</li> <li>S.A and Volume of combination of solids</li> </ul>	Audio visual aids Geogebra activity Learning by doing method Worksheet -14 to be given Lab activity -7 To find the surface area of cone	The students will be able to: • Be familiar with the term combination of solids. To find the Surface area of a combinations of Solids(cube, cuboid, cylinder, cone, sphere, hemisphere etc.) To find the volume of a combinations of Solids Logical Thinking, Problem Solving, analytical skills developed.
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**DECEMBER (22 DAYS)** – Revision for annual examination.

JANUARY (17 DAYS) – Revision for annual examination.

SUMMER HOLIDAY HOMEWORK - 1. Practice assignments on syllabus completed. 2. art integration project on any one topic of syllabus.

### Unit wise distribution of marks :

Unit No	Unit Name	Marks
1	Number Systems	06
2	Algebra	20
3	Coordinate Geometry	06
4	Geometry	15
5	Trigonometry	12
6	Mensuration	10
7	Statistics & Probability	11
Total	80 marks	

### Internal Assessment will be conducted as per the following marks distribution:

Internal Assessment	20 Marks
Pen Paper Test and Multiple Assessment (5+5)	10 Marks
Portfolio	05 Marks
Lab Practical (Lab activities to be done from the prescribed books)	05 Marks

#### CURRICULUM PLAN CLASS 10 (2023-2024) SCIENCE

#### Learning Objectives-

Students will be able to:

- 1. Understand the phenomenon of reflection and refraction.
- 2. Understand and differentiate between the terminology of spherical mirrors and lenses.
- 3. Draw ray diagrams for mirrors and lenses.
- 4. Learn and understand the sign conventions for spherical mirrors and lenses.
- 5. Appreciate the phenomenon of dispersion and its cause.
- 6. Understand the occurrence and formation of rainbow phenomena.
- 7. Comprehend the reason for twinkling of stars and advanced sunrise and delayed sunset.
- 8. Understand the scattering phenomena tyndall effect, blue color of sky, red color of sun at sunrise and sunset.
- 9. Understand the concept of charge and electric current.
- 10. Identify and list different types of electrical components.
- 11. Understand the concept of series and parallel combination of resistances.
- 12. Identify the arrangements series and parallel.
- 13. Understand the heating effect of current and their applications.
- 14. Solve the numerical based on power and energy.
- 15. Convert the units of electrical energy.
- 16. Develop numerical solving skills.
- 17. Understand the properties of magnetic field lines.
- 18. Understand the reason for the force on a current carrying conductor in a magnetic field.
- 19. Learn Fleming's left and Fleming's right hand rules.
- 20. Understand and appreciate the working of electric motors.
- 21. Recognize the phenomenon of electromagnetic induction.

APRIL(18 DAYS)	
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Chapters	Methodology	Learning Outcomes
Chapter 10 Light – Reflection and Refraction	<ul> <li>Reflection of light</li> <li>Laws of reflection</li> <li>Sphericalmirrors</li> <li>Important terms related to spherical mirrors</li> <li>Rules for image formation by concave mirror and convex mirror</li> <li>Image formation by concave mirror</li> <li>Image formation by convex mirror</li> <li>Uses of mirrors</li> <li>Sign conventions for reflection by spherical mirrors</li> <li>Mirror Formula</li> <li>LinearMagnification</li> </ul>	<ul> <li>LEARNING OUTCOMES The learners would be able to:</li> <li>Understand the concept of mirror and types of mirror.</li> <li>Draw ray diagrams for image formation for different positions of the object in front of the mirror.</li> <li>Solve the numerical basedon lens formula</li> <li>Understand the concept of lens and types of lens</li> </ul>

	<ul> <li>Numerical based on mirror formula</li> <li>Refraction of light</li> <li>Cause of refraction</li> <li>Refraction through glass slab</li> <li>Laws of refraction</li> <li>RefractiveIndex</li> <li>Relation between refractive index and speed</li> <li>Numerical based on refractive index</li> </ul>	
Chemical Reactions and Equations	<ul> <li>Writing of chemical formula</li> <li>Writing of chemical equations</li> <li>Balancing a chemical equation</li> <li>Types of reactions</li> <li>Combination</li> <li>Decomposition</li> <li>Displacement</li> <li>Double displacement</li> <li>Oxidation and reduction</li> <li>Worksheets</li> </ul>	<ul> <li>The student will be able to:</li> <li>Acquire knowledge about law of conservation of mass</li> <li>Understand and differentiatedifferent types of reactions</li> <li>Develop skill of writing formulae, equations andbalancing them</li> </ul>
Chapter 6: Life Processes Nutrition Respiratio n Transporta tion Excretion	<ul> <li>Students will be working individually in pairs/in groups and will be encouraged to:</li> <li>Make web charts and flowcharts as per the requirement of the topic.</li> </ul>	<ul> <li>Development of analyticaland creative skills</li> <li>Drawing skills</li> <li>Observational skills – handson</li> </ul>
MAY (15 DAYS)		
Light – Reflection and Refraction Cont	<ul> <li>Lenses and types of lenses</li> <li>Rules of refraction lenses.</li> <li>Image formation by convex lens</li> <li>Image formation by concave lens</li> <li>Sign convention in lenses.</li> <li>Lens Formula</li> <li>Numerical based on lens formula</li> </ul>	<ul> <li>Draw ray diagrams for image formation for different positions of theobject in lenses.</li> <li>Solve the numerical basedon lens formula</li> </ul>

	<ul><li>Uses of lenses</li><li>Power of a lens</li></ul>	
Acids,bases and salts Chapter 6: Life Processes cont • Transporta tion • Excretion	<ul> <li>Understanding the chemical properties of acids and bases</li> <li>Reaction of acids and bases with metals</li> <li>Reaction of metal carbonates and metal bicarbonates with acids</li> <li>Reaction of acid and base-neutralization reaction</li> </ul> Activity: To study the reaction of Zn with Hcl and NaoH To study the properties of acids and bases In the properties of acids and bases	<ul> <li>The student will be able to:</li> <li>Differentiate between acidsand bases</li> <li>Know about natural and synthetic indicators</li> <li>Write equations of reactions of acids and bases</li> <li>The students are able to differentiate between acids andbases on the basis of their reaction towards <ul> <li>a. Litmus</li> <li>b. Sodium bicarbonate</li> </ul> </li> </ul>
	July(22 days)	
Chapter 11 :Human Eye and The Colorful World	<ul> <li>Structure of Human eye</li> <li>Defects of Vision</li> <li>Refraction Through a prism</li> <li>Dispersion Of White light by a glass prism</li> <li>Cause Of Dispersion</li> <li>Rainbow Formation</li> <li>Atmospheric Refraction</li> <li>Twinkling of stars</li> <li>Advanced sunrise and delayed sunset</li> <li>Scattering of light</li> <li>Tyndalleffect</li> </ul>	<ul> <li>The learners would be able to:</li> <li>Explain the cause of dispersion</li> <li>Explain formation ofrainbow</li> <li>list the applications of atmospheric refraction</li> <li>understand scattering oflight and its applications</li> </ul>

	<ul> <li>Blue color of sky</li> <li>Colour of sun at sunrise and sunset</li> <li>Discussion of NCERTexercise</li> </ul>	
Metals and Non metals	<ul> <li>Properties of metals and non metals</li> <li>Reactivity series</li> <li>Formation and properties of ionic compounds</li> <li>Basic metallurgical processes ,corrosion and its prevention</li> </ul>	<ul> <li>The students will be able to:</li> <li>Differentiate metals and non metals on the basis of their physical properties</li> <li>Write equations of reactions of metals and non metals with <ul> <li>a. Air</li> <li>b. Water</li> <li>c. Acids</li> </ul> </li> <li>Apply knowledge of reactivity series to judge the occurrence of displacement reaction</li> <li>Write the electron dot structure of metals and non metals</li> <li>Electron transfer to form ionic compounds.</li> <li>Know different properties of ionic compounds.</li> </ul>

Lesson 7: Controls and Coordination • Synapse • Brain-struc ture and function • Chemical Coordinati on	<ul> <li>Draw a diagram/flowchart of reflex arc indicating the components and their functions.</li> <li>Construct a web chart on functions and parts of human brain</li> <li>Tabulate Endocrine glands/hormones secreted/functions</li> <li>Lab Activity: To show that CO2 evolves during respiration.</li> </ul>	<ul> <li>The students will be able to:</li> <li>Relate to daily life experiences based on various reflexes.</li> <li>Understand and appreciate the working</li> <li>Develop and understanding of process of respiration</li> </ul>
	AUGUST (23 DAY	S)
Chapter 12 : Electricity	<ul> <li>Introduction</li> <li>Charge</li> <li>Electric current and circuit</li> <li>Electric potential and Potential Difference</li> <li>Numerical</li> <li>Circuit diagram-Components of circuit and their symbols</li> <li>Ohm's Law</li> <li>Circuit Diagram</li> <li>Verification Graphical Representation</li> <li>Resistance</li> <li>Factors on which resistance depends</li> <li>Series Combination of resistances</li> <li>Parallel Combination of resistances</li> <li>Numerical based on combination of resistances</li> <li>Heating effect of electric current</li> <li>Practical applications of heating effect</li> <li>Electric power</li> <li>Commercial unit</li> <li>Numerical</li> <li>Discussion of NCERT exercise</li> </ul>	<ul> <li>The learners would be able to:</li> <li>Understand and evaluate the numerical value of current, resistance and potential.</li> <li>Draw graphical representation of ohm's law</li> <li>Understand and evaluate the equivalent resistance indifferent combinations</li> <li>Understand and evaluate the numerical value of different quantities like heatenergy, power and electrical energy.</li> </ul>
Metals and Non metals <b>Cont</b>	Activity: • Reactions of metals with metal salts	The students are able to correlate displacement reactions with reactivity series

<b>Chapter 8:</b> How do organisms	<ul> <li>Displacement reactions</li> <li>Concept maps</li> <li>Demonstration of Hibiscus (bisexual flower) to show different parts.</li> <li>Web chart on reproductive</li> </ul>	Understand structure and functioning of the reproductivesystem. Predict post fertilization eventsin
reproduce	health Lab Demonstration Slide Observations	flowering plants. Develop interpretational skill
	September(22 day	rs)
	HALF YEARLY EXAMS: Revision	·
	October (19 days	)
Chapter 13 : Magnetic Effects of Electric Current	<ul> <li>Oersted Experiment</li> <li>Magnetic Field</li> <li>Fieldlines</li> <li>Properties of field lines</li> <li>Magnetic field due to current carrying straight conductor</li> <li>Right hand thumb rule</li> <li>Reasoning questions</li> <li>Magnetic field pattern due to circular coil</li> <li>Magnetic field pattern due to circular coil</li> <li>Magnetic field pattern due to a solenoid</li> <li>Electromagnet</li> <li>Factors on which strength of an electromagnet depends</li> <li>Force on a current carrying conductor in a magnetic field</li> <li>Fleming 's left hand rule</li> <li>Reasoning questions</li> <li>Electromagnetic induction</li> <li>Fleming's right hand rule</li> <li>Domestic electric circuits</li> <li>Discussion of NCERTexercise</li> </ul>	<ul> <li>The learners would be able to</li> <li>use right hand thumb rule toobtain the direction of magnetic field</li> <li>draw magnetic field patterndue to circular coil and solenoid</li> <li>apply Fleming left hand andright hand rule to obtain direction of force and direction of current respectively</li> </ul>

Carbon and its compounds	<ul> <li>Covalent bonding in carbon compounds</li> <li>Explanation with examples</li> <li>Versatile nature of carbon</li> <li>Concept of tetravalency</li> <li>Catenation, hydrocarbons</li> <li>Homologous series</li> <li>Explanation with examples</li> <li>Chemical properties of carbon compounds (combustion, oxidation, addition and substitution reaction). Ethanol and ethanoic acid (only properties and uses), soaps and detergents</li> <li>Explanation of importance of natural resources</li> <li>Overexploitation of resources and its far reaching effects</li> <li>People's participation</li> <li>Examples of initiatives taken by individuals to protect the environment.</li> </ul>	<ul> <li>The students will be able to:</li> <li>Define terms like covalency, tetravalency, allotropy, catenation and homologousseries</li> <li>Understand the reasonfor versatile nature of carbon</li> <li>Draw electron dot structures of covalentcompounds</li> <li>Apply the concept of covalency to show bonding in carbon compounds</li> <li>Develop Reflective skills.</li> <li>Develop compassion towards nature and its resources.</li> <li>Develop analytical skills touse the resources in a judicious manner.</li> <li>Understand the structure of seeds.</li> <li>Develop interpretationalskills</li> </ul>	
	November(19 days)		
Chapter 14 : Sources of Energy	<ul> <li>Good fuel</li> <li>Conventional sources of energy</li> <li>Fossil fuel</li> <li>Non-conventional sources of energy</li> <li>Geothermal energy</li> <li>Hydropower plant</li> <li>Nuclear energy</li> <li>Wind energy</li> </ul>		

	<ul> <li>Solar energy</li> <li>Ocean thermal energy</li> <li>Wave energy</li> <li>Tidal energy</li> <li>Environmental consequences</li> </ul>	
CARBON AND ITS COMPOUNDS		
CONT		
EXPERIMENT	Activity: Classifying the following reactions according to its type	
	<ul> <li>Action of water on quicklime</li> </ul>	
	<ul> <li>Action of heat on ferrous sulphate crystals</li> </ul>	
	<ul> <li>Iron nails kept in copper sulphate solution</li> </ul>	
	<ul> <li>Reaction between sodium sulphate and barium chloride solutions</li> </ul>	
<b>Chapter 15:</b> Our Environment	<ul> <li>Identify the bio-degradable and non-biodegradable materials in the surroundings</li> <li>Food chain and food web and their importance</li> <li>10% Law</li> </ul>	<ul> <li>Appreciate interrelationshipbetween various organisms</li> <li>Rearrange the various organisms according to theirtrophic level</li> <li>Classify materials into biodegradable and non-biodegradable.</li> </ul>
<ul> <li>Chapter 9: Heredity and Evolution</li> <li>Inherited traits</li> <li>Rules for inheritance of traits</li> <li>Expression</li> </ul>	<ul> <li>Explanation of traits with the help of colorful beads</li> <li>Survey of traits showing variation</li> <li>Daily life examples to explain the concepts</li> <li>Web charts to explain sex determination and role of females</li> </ul>	<ul> <li>Discuss DNA as geneticmaterial</li> <li>Understand variation andheredity</li> <li>Relate genes and chromosomes</li> <li>Explain the Mendel's law ofinheritance and crosses</li> </ul>

of traits Sex Determinati on Evolution Speciation Evolutionar y relationship Fossils	<ul> <li>express the mechanism ofsex determination in humans</li> <li>Differentiate between acquired and inherited traits</li> <li>Discuss theory of Darwinism</li> <li>Differentiate between homologous organs and analogous organs</li> <li>Relate speciation and evolution</li> <li>Enumerate human evolution</li> </ul>	
December(22 days) REVISION FOR PRE BOARDS AND PREBOARD - I EXAMINATION		
January (17 days) RECAPITULATION AND REINFORCEMENT FOR PRE BOARD - II		
February		

Solving previous year papers and Exemplar.

### SUMMER HOLIDAY HOMEWORK

PHYSICS	CHEMISTRY	BIOLOGY
<ul> <li>Conduct a survey of your friends / relatives / neighbors using specs and find defects of vision they are suffering from. Write it in a tabular form with headings : Name, power, type of defect, types of lens (at least 10 people)</li> <li>Solve the worksheets of chapter 10 Light – reflection and refraction, chapter 11 The human eye and the colorful world *Do all the above work (1,2,3) on A4 size sheets and file them in your portfolio</li> </ul>	<ul> <li>Project report on alloys/salts/scientists who contributed in periodic classification of elements</li> <li>PPT</li> <li>Question Bank</li> </ul>	<ul> <li>Design a crossword puzzle based on chapter6: Life processes.</li> <li>Make a diagram ofdifferent types of organs and organ systems/any one type of organ system on the basis of their location using art integration technique( A4 sheets, for portfolio)wool, claymodeling or any other method.</li> <li>Design 10 MCQs based on the chapter – Life Processes.</li> <li>Create Science toons on current topics of your choice.</li> </ul>

### WINTER HOLIDAY HOMEWORK

<ul> <li>Prepare for your PREBOA RDS</li> <li>Solve the miscellaneous worksheet of 1, 2 and 3 marker Questions.</li> </ul>	<ul> <li>Write all practicals in your practical files</li> <li>Revise for pre boards</li> <li>Question bank from CBSE</li> </ul>	<ul> <li>Revise all chaptersfor annual examination</li> <li>Solve worksheets</li> </ul>
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### CURRICULUM PLAN CLASS 10 (2022-2023) SOCIAL SCIENCE

#### Learning Objectives:-

The main objectives of this syllabus are to:

- Develop an understanding of the processes of change and development-both in terms of time and space, through which human societies have evolved
- Make learners realise that the process of change is continuous and any event or phenomenon or issue cannot be viewed in isolation but in a wider context of time and space
- Develop an understanding of contemporary India with its historical perspective, of the basic framework of the goals and policies of national development in independent India, and of the process of change with appropriate connections to world development
- Deepen knowledge about and understanding of India's freedom struggle and of the values and ideals that it represented, and to develop an appreciation of the contributions made by people of all sections and regions of the country
- Help learners understand and cherish the values enshrined in the Indian Constitution and to prepare them for their roles and responsibilities as effective citizens of a democratic society
- Deepen the knowledge and understanding of India's environment in its totality, their interactive processes and effects on the future quality of people's lives

CHAPTER	METHODOLOGY	LEARNING OUTCOMES
Resources and	Entire chapter will be	AFTER THE COMPLETION OF THESE
development	read in the class.	CHAPTERS STUDENTS WILL BE ABLE
		то
	1/3/5 marker questions	Understand the value of resources and
	will be marked and	the need for their judicious utilization
	discussed.	and conservation.
Power sharing		
	Data will be modified as	
	per latest census.	
	ACTIVITY:	Familiarize with the centrality of power
	Cartoon interpretation	sharing in a democracy. Understand
		the working of spatial and social power
		sharing mechanisms.
	Example will be shared	
Federalism	from real life.	Analyse federal provisions and
		institutions.
	NCERT exercise will be	Explain decentralization in rural and
	discussed.	urban areas.

### APRIL[21 DAYS]
		· · · · · · · · · · · · · · · · · · ·
Development	<ul> <li>PPT will be shared.</li> <li>Special emphasis given to MCQ questions.</li> <li>ACTIVITY: Cartoon interpretation</li> <li>Entire chapter will be read in the class.</li> <li>1/3/5 marker questions will be marked and discussed.</li> <li>Data will be modified as per latest census.</li> <li>Activity: Debate on sustainable</li> </ul>	Familiarize with concepts of macroeconomics. Understand the rationale for overall human development in our country, which includes the rise of income, improvements in health and education rather than income. Understand the importance of quality of life and sustainable development
	Debate on sustainable Development	
	MAY[15 DA	-
	Entire chapter will be read in the class.	After the completion of both the chapters students will be able to :
The Age of		Familiarize with the Pro- to Industrial
Industrialization	1/3/5 marker questions	phase and Early –
	will be marked and	• Factory system. Familiarize with the
	discussed.	process o
	Data will be modified as	<ul> <li>f• industrialization and its impact on labour class. Enable them to</li> </ul>
	per latest census.	understand
		• Industrialization in the colonies with
	Example will be shared from real life.	reference to Textile industries.
	nom rearme.	
	NCERT exercise will be	1) Identify the causes that led to the
	discussed.	rise of <b>nationalism in India</b> . 2) Trace the emergence
	PPT will be shared.	of <b>Indian</b> national congress. 3) Discuss the various stages of
	Special emphasis given	the national movement in India.
	to MCQ questions.	4) List the names of prominent leaders of Indian National Movement.

JULY [24 DAYS]			
Sectors of the	Entire chapter will be	After the completion of the chapters	
Indian economy	read in the class.	students will appreciate:	
	1/3/5 marker questions will be marked and discussed.	Rising importance of tertiary sector Importance of public sector	
	<b>Activity</b> :Tabular representaion showing the contribution of all three sectors	Explain the importance of agriculture in national economy. Identify various types of farming and discuss the various farming methods; describe the spatial distribution of major crops as	
Agriculture	Data will be modified as per latest census.	well as understand the relationship between rainfall regimes and cropping	
	Example will be shared from real life.	pattern. Explain various government policies for institutional as well as technological reforms since independence.	
	NCERT exercise will be discussed.	Importance of credit and different credit situations	
	PPT will be shared.		
	Special emphasis given to MCQ questions. Activity : Map skill as per CBSE		
		understand Indian society which accommodate social diversity	
	<b>Activity:</b> Cheque filling activity	Analyse the relationship between social cleavages and political competition with reference to Indian situation.	
Money and credit	Entire chapter will be read in the class.		
	1/3/5 marker questions will be marked and discussed.		
	Data will be modified as		

	1	1
Democracy and diversity	per latest census.	
	Entire chapter will be read in the class.	
	1/3/5 marker questions will be marked and discussed.	
	Data will be modified as per latest census.	
	AUGUST [22	DAYS]
	Entire chapter will be	•
	read in the class.	
Nationalism in India	1/3/5 marker questions will be marked and discussed.	<ol> <li>Identify the causes that led to the rise of nationalism in India.</li> <li>Trace the emergence of Indian national congress.</li> <li>Discuss the various stages of</li> </ol>
	Data will be modified as per latest census.	the <b>national movement in India</b> . 4) List the names of prominent leaders of <b>Indian National</b>
	pictures will be shared from real life .	Movement.
	NCERT exercise will be discussed.	
	PPT will be shared.	
	ACTIVITY: 1. Map skill 2. Role play	Identify and analyse the challenges posed by communalism to Indian democracy. Recognise the enabling and disabling effects of caste and ethnicity in politics. Develop a gender
Gender, Religion and Caste:	Special emphasis given	perspective on politics.
	to MCQ questions. <b>Activity:</b> Debate on role of religion in society	Comprehend the importance of water as a resource as well as develop awareness towards its judicious use and conservation.

Water Resources:	Activity: Map skill as per CBSE Discussion will be done on the importance of	
[Note: The chapter 'Forest and Wildlife' to be assessed in the Periodic Tests only and will not be evaluated in Board Examination]	forest and wildlife Activity:Discussion on the impact of global warming on Our Earth	
	REVISIO	
	Pre mid te	
Globalisation	Entire chapter will be read in the class.	Students will realise Explain the working of the Global
	1/3/5 marker questions will be marked and discussed.	Economic phenomenon. About the importance of globalisation Concept of SEZ
	Data will be modified as per latest census. <b>Activity:</b> Framing rules for fair globalisation Example will be shared	Identify different types of minerals and energy resources and places of their availability Feel the need for their judicious utilization.
Minerals and Energy Resources	from real life. NCERT exercise will be discussed.	
	PPT will be shared.	Bring out the importance of industries in the national economy as well as understand the regional disparities
	Special emphasis given to MCQ questions. <b>Activity:</b> Map skill	which resulted due to concentration of industries in some areas. Discuss the need for a planned industrial development and debate over the role of government towards sustainable development.
Manufacturing industries	Entire chapter will be read in the class.	Evaluate the functioning of democracies in comparison to alternative forms of governments. Understand the causes for continuation of democracy in India.

	1/3/5 marker questions will be marked and discussed	Distinguish between sources of strengths and weaknesses of Indian democracy.
Outcomes of democracy	Entire chapter will be read in the class.	
	1/3/5 marker questions will be marked and discussed.	
	Data will be modified as per latest census.	
	pictures will be shared from real life .	
	NCERT exercise will be discussed.	
	NOVEMBER[24	1 DAYS]
Nationalism in Europe	Entire chapter will be read in the class.	After the completion of the chapter
	1/3/5 marker questions will be marked and discussed. Data will be modified as	students will be able to appreciate: How nationalism spread from France to various parts of the Europe. Unification of Germany and Italy. Role of different leaders and their mode of operation.
	per latest census. Example will be shared from real life.	Growing importance of transport and
	NCERT exercise will be discussed. Activity:Discussion - Does extreme nationalism lead to	communication. Its different types and merits and demerits. Role of international trade and tourism as well.
	disintregration of the world	Reflect on the different kinds of measures possible to deepen democracy. Promote an active and
Lifelines of national economy	PPT will be shared. Activity:Map skill	participatory citizenship.

Challenges to democracy	Special emphasis given to MCQ questions. Activity : Map skill entire chapter will be read in the class. 1/3/5 marker questions will be marked and discussed. Data will be modified as per latest census. DECEMBER[25	DAYS]
Revision Preparation for pre board Sample board questions Mock class test	Special emphasis given to MCQ questions.	
Second pre board	revision	

Summer Holiday Homework

Project on consumer awareness or as per CBSE Every student has to compulsorily undertake any one project on the following topics:

### Consumer Awareness OR Social Issues OR Sustainable Development

- 1. Objective: The overall objective of the project work is to help students gain an insight and pragmatic understanding of the theme and see all the Social Science disciplines from interdisciplinary perspective. It should also help in enhancing the Life Skills of the students. Students are expected to apply the Social Science concepts that they have learnt over the years in order to prepare the project report. If required, students may go out for collecting data and use different primary and secondary resources to prepare the project.
- 2. If possible, various forms of art may be integrated in the project work.
- 3. The distribution of marks over different aspects relating to Project Work is as follows:

4. The projects carried out by the students in different topics should subsequently be shared among themselves through interactive sessions such as exhibitions, panel discussions, etc

5. All documents pertaining to assessment under this activity should be meticulously maintained by concerned schools.

6. A Summary Report should be prepared highlighting: objectives realized through individual work and group interactions

7. It is to be noted here by all the teachers and students that the projects and models prepared should be made from eco-friendly products without incurring too much expenditure.

8. The Project Report should be handwritten by the students themselves.

9. Records pertaining to projects (internal assessment) of the students will be maintained for a period of three months from the date of declaration of result for verification at the discretion of Board. Subjudiced cases, if any or those involving RTI / Grievances may however be retained beyond three months

Winter Holiday Homework

revision

[Will be done in project copy]

### CURRICULUM PLAN CLASS 10 (2023-2024) FRENCH

The Objectives of teaching French in Class X is to develop the language skills of the students. It is an analytical language that structures thoughts and develops critical thinking which is a valuable skill for discussions and negotiations.

April (18 days)		
Unit	Methodology	Learning Outcomes
Retrouvons Nos Amis (Chapter -1 )	Interactive, Group Discussion	Se Presenter/Ecrire Des Letters/Decrire Un Lieu

	May (15 days)	
Apres Le Bac (Chapter-2)	Interactive, Group Discussion	Demander Un Avis Demander/Donner Un Renseignement Discussion Le Futur Antérieur La Forme Nominale
	July (22 Days)	

Chercher Du Travail (Chapter-3)	Interactive, Group Discussion	Les Pronoms Relatives Simples Ou Composes
Le Plaisir De Lire(Chapter-4)	Interactive, Group Discussion	Le Plus Que Parfait

August	(23	Davs)
	<b></b>	

En Pleine Forme (Chapter -7) Interactive, Group Discussion	En Pleine Forme Le Pronom Possessifs Parler De La Bonne Forme Physique, Discuter De Bonnes Habitudes De Vie
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#### September (10 Days)

Revision

### October (19 Days)

L'Environnement (Chapter -8 )	Interactive, Group Discussion	Le Subjonctif,Parler De L'Environnement, Sauver La Planete.
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November , December and January: Revision

#### Summer holiday homework -

Make a ppt on education system of France and India.

#### Winter holiday homework –

Make a PPT on < how to save our planet> and environment protection

### CURRICULUM PLAN CLASS 10 (2023-2024) GERMAN

### April (18 days)

Chapter Name	Methodology	Learning Outcomes	Structure
LESSON – 6 FOOD	Interactive, Group Discussion	The students will be able •To present a topic •To state advantages and disadvantages	<ul> <li>Adjectives in Nominative and Accusative case without article</li> <li>Akkusativ and Dativ Prepositions</li> </ul>

### May (15 days)

Unit	Methodology	Learning Outcomes	Structure
LESSON – 6 FOOD	Interactive, Group Discussion	The students will be able •To conclude a presentation	<ul> <li>Wechseln</li> <li>Fixed Preposition</li> </ul>

### July (22 Days)

Unit	Methodology	Learning Outcomes	Structure
Lesson – 6 FOOD	Interactive, Group Discussion	•To thank the audience for their interest	<ul> <li>E-mail writing</li> <li>Plusquamperfekt</li> <li>Dialogue writing</li> <li>Konnektoren</li> </ul>

### August (23 Days)

Lesson – 7	Interactive, Group	The students will be ab	le ●Simple past tense
Media and Advertisements	Discussion	•To report about something	<ul> <li>Prepositions of place</li> </ul>
		<ul> <li>To ask for directions ar describe the route</li> <li>To write a slogan for an experimental structure</li> </ul>	<ul> <li>"um", "über"+</li> <li>Accusative</li> </ul>
		advertisemen	<ul> <li>"gegenüber"+</li> <li>Dative</li> </ul>
			•Relative clause: Relative pronouns with prepositions
			• Degrees of adjectives: comparative and superlative
			<ul> <li>Indirect question using "ob""</li> </ul>
	Se	eptember (10 Days)	
LESSON – 6 FOOD Lesson – 7 Media and Advertisements	Interactive,	The students will be able • write E-Mails in german.	E-mail writing Dialogue writing
REVISION FOR MID TERM EXAM	Group Discussion	•Form simple dialogue on general day to day topics.	

#### October (19 Days)

Unit	Methodology	Learning Outcomes	Structure
Lesson – 8 Learning languages	Interactive, Group Discussion	The students will be able	<ul> <li>Subordinate clause:</li> <li>"obwohl"</li> </ul>
October (19 Days)		<ul> <li>To talk about limitations</li> </ul>	<ul> <li>Past perfect tense</li> </ul>
		•To talk about one's own experience with a foreign language	

### November(19 Days)

Unit	Methodology	Learning Outcomes	Structure
Lesson – 8 Learning languages	Interactive, Group Discussion	The students will be able ●To negotiate	<ul><li>Subordinate clause:</li><li>"als",nachdem"</li><li>Leseverstehen</li></ul>

### December and January REVISION FOR FINAL EXAM

## **Summer Holiday Homework**

Make a project on any one German Company. Include the following points:

- Origin
- History
- Branches
- Products

## Winter Holiday Homework

Make a PPT on means of communication being used by Teenagers in India and Germany. Also mention its advantages and disadvantages.

### CURRICULUM PLAN CLASS 10 (2023-2024) INFORMATION TECHNOLOGY (402)

### **Learning Objectives**

- Provide opportunities and scope for students to engage with the common and necessary skills, such as critical thinking, decision making and communication in different situations pertaining to different job roles.
- To develop practical knowledge of digital documentation, spreadsheets and database.
- To enable the students to understand database management system and have updated knowledge about digital record keeping
- To develop the following skills:
  - The concept of Digital Documentation
  - The concept of Electronic Spreadsheet
  - The concept of Databases
  - Internet Technologies

## April

### (18 days)

Chapter Name	Methodology	Learning Objectives
Digital Documentation (Advanced) Styles- Creating, Updating, Uploading And Applying New Styles. Images-Insert, Modify, Resize, Crop, Delete And Grouping. Templates- Creating And Using Templates, Setting A Custom Default Template	<ol> <li>Demonstrate the various steps to be followed to use the different options for working with styles, inserting images to document from various sources, modifying, resizing, cropping, deleting and grouping images, drawing objects and its properties.</li> <li>Provide Hands On activities to the students.</li> </ol>	<ul> <li>The students would be able to</li> <li>Create and Apply Styles in the document.</li> <li>Insert and use images in document</li> <li>Create and use template</li> <li>This would lead to the development of Aesthetic thinking and Time management while expressing/ presenting in written form.</li> </ul>
Astivition		

### Activities

- Create a Brochure Booklet (of at least 10 pages) of your favorite tourist destination. Make use of styles to enhance the appearance.
- Add different images in it and apply various tools on them.
- Create a table of contents for the same.

	May (15 days)	
Digital Documentation (contd.) 1. Table of Contents Create And Customize 2. Mail Merge- Creation Of Main	<ol> <li>May (15 days)</li> <li>Demonstrate the various steps to Create a Hierarchy of headings and Customize the table of contents, use Character styles to Maintain a table of contents.</li> <li>Interactive discussion about the advance concept of Mail Merge.</li> <li>Demonstration of the steps to Perform</li> </ol>	Create and customize table of contents This would lead to the development of skills of Creativity, artistry through computer literacy • Implement mail Merge
Document And Data Source, Merge The Data Source With Main Document, Print The Letter And Address Label	mail merge and print the letter and address label July	
	(22 days)	
Web Applications and Security Working with accessibility options Networking Fundamentals. Introduction to Instant Messaging. Chatting with a contact: Google Talk. Create and Publish Blog Use off-line blog editors Online transactions Internet security. Maintain workplace safety. Prevent Accidents and Emergencies. Protect Health and Safety at work	<ol> <li>Class discussion followed by demonstration of the steps to apply the various accessibility features of the computer.</li> <li>Hands on experience to create and publish pages and blogs and offline editors and different Messaging services.</li> <li>Interactive session on the use of wired and wireless connections, Online transaction and various threats and security measures related to internet</li> <li>Group discussion to find ways to prevent accidents and emergencies</li> </ol>	<ul> <li>Students will be able to</li> <li>Understand and apply the various accessibility options available</li> <li>Create and publish Blogs</li> <li>Perform Online transaction with Internet security,</li> <li>Maintain Workplace Safety, Prevent accidents and Emergencies</li> <li>Protect their health and be safe.</li> <li>This would lead to the development of Media and internet literacy skills among the students</li> </ul>

	lish your own Blogs using online and Offline ious accessibility options on your devices. August	e editors.
	(23 days)	
Spreadsheet (Intermediate) Consolidating Data, scenarios goal seek and solver. Link data and spreadsheets. Share and review a spreadsheet. Create and Use Macros in spreadsheet Macros : Creation and Implementation	<ol> <li>Class discussion about the importance of the new concepts.</li> <li>Illustration of the various steps required to perform the different calculations using the new concepts.</li> <li>Hands on Activities provided to students to gain expertise in the implementation of new concepts.</li> <li>Class discussion about the importance of Macros.</li> <li>Demonstration of the steps to create and use macros.</li> </ol>	<ul> <li>Students will be able to</li> <li>Judge the need of the required tool and illustrate the use of the same.</li> <li>Relate and apply the concepts for various constraints and use them to solve the real-life problems based on calculations.</li> <li>This would lead to the development of skills of Critical thinking, problem solving, analysis , interpretation and synthesizing the information.</li> </ul>
Illustrate the use of	showing the performance of various sports the tools-Consolidate and Subtotal to analyzed order, create a simple macro and use it as a fu	ze the performance in various games
DatabaseManagementSystemAppreciatetheconceptofDatabaseManagementSystemSystem	Interactive discussion to introduce the concept of DBMS and its terms.	<ul> <li>Students will be able to</li> <li>State the benefits of DBMS.</li> <li>Compare among the DDL and DML, Primary and Foreign Key.</li> </ul>
	September (10 days)	
Create and edit tables using wizard and SQL command. Perform operations on table. Retrieve	Demonstrate the various steps required to create database objects.	<ul> <li>Students will be able to</li> <li>To create different types of queries and generate forms and reports.</li> <li>This would lead to the development of research skills and Interrogative</li> </ul>

Reports using		
wizard		
	October	
	(19 days)	
ICT Skills– II		
Types Of	1. Demonstration Of Creating,	Students will be able to
Operating	Renaming And Deleting Files And	• Distinguish among the various
Systems, Menu,	Folders, Saving Files In Folders And	types of operating systems
Icons And Task	Sub- Folders, Restoring Files And	
Bar On The	Folders From Recycle Bin Followed	
Desktop, File	By Hands On Practice	
Concept, File Operations, File	2 Class Discussion Deserting	Students will be able to
1 /	2. Class Discussion Regarding Procedures To Be Followed For	• Apply basic skills for
Organization, Directory	Cleaning, Care And Maintenance Of	Care and maintenance Of computer in an efficient manner.
Structures, File-	Hardware	in an efficient manner.
System,	3. Demonstration And Hands On	This would lead to the development
Structures,	practice	of skill of ICT literacy.
Creating And	Provide	of skill of le 1 hieraey.
Managing Files		
And Folders		
Importance, Need		
And Schedule Of		
Care And		
Activities		
-	e: Using the Keyboard, Group Chart Ma	aking /Presentation for securing our
computer and d		
	of Computer- Perform procedures for Scar	nning And Cleaning of Viruses And
Removing Span	n Files, Temporary Files And Folders	
Management	Group Discussion	Students Will Be Able To
Skills-II	1. On Working Independently Towards	Apply Stress Management
Meaning,	The Goals	Techniques
Importance,	2. Planning Of An Activity	This would help the students to
Techniques Of	3. The Qualities Required For Working	develop the skill of personal
Stress	Independently	expression and regulate their
Management.		emotions and behavior.
Meaning And		
Types Of Self		
Awareness, Self		
Motivation Self-		
Regulation		
Activities		
•	voiding Stressful Situation, Pair Activity: Ai	m in Life
Staying Motivat	ted (Group Discussion), Self-Reflection.	

	November	
	( <b>19 days</b> )	
Entrepreneurial Skills-II Entrepreneurship and society, Qualities functions Role and Importance of an entrepreneur. Myths about entrepreneurship	<ol> <li>Class Discussion about Success stories of first generation and local entrepreneurs</li> <li>Activities to Collect Information, Listing the entrepreneurial Qualities, analysis of strength and Weaknesses. Planning to setup a business</li> <li>Group discussion of self- qualities needed to become successful entrepreneur.</li> </ol>	• List the characteristics of successful entrepreneur
Activities My Entrepreneu Entrepreneurs: 1	nrial Qualities: Self-assessment, Field Work	: Let's be an Entrepreneur, Talking to
	December (22 days)	
<b>Project</b> Project based on the implementation of Digital Documentation, Spreadsheet and Database	Group discussion and case study to design a system to digitize the work.	Students will be able to apply the concepts and features and gain Hands On experience
Revision		·

### Summer Holiday Homework

- Create a list of guests for the Annual day of your school. Implement Mail merge to prepare labels for sending them the invitation letter.
- Design a certificate of appreciation for participation in Annual day using Template.
   Winter Holiday Homework

### Activities

- Create a database for the detailed data based on the T20 World Cup in Australia (name, age, number of matches played, runs scored, Matches won/lost etc) of at least 10 sportsperson/counties using a Database Management Software.
- Prepare different tables, forms, queries and reports for the above.

	LIST OF PRACTICALS
	DIGITAL DOCUMENTATION
1	Write an article discussing about your favorite sports/sportsperson/ art/artist in LibreOffice Writer and modify its layout using various styles like Header& footer and page colors, font styles etc.
2	Create a brochure of any tourist place near you using different images of it. Apply different image formatting options available in Writer.
3	Create a certificate for any competition held in school using any template available in Writer
4	Using Mail merge, generate the Certificate of all the participants whose information is kept in the Excel file
	WEB APPLICATION
5	Discuss about internet security and also mention some best practices for internet security.
6	Create an instant messaging account and describe the benefits of instant messaging software with examples
7	Create your own blog and share the link
8	Perform an online transaction and discuss its benefits in details.
9	Discuss about different types of common internet connectivity we use in our day to day life
	ELECTRONIC SPREADSHEET
10	Prepare 4 worksheets showing Major Expenses made at home. Use consolidation to show the item-wise expenses made in the entire year.
11	Prepare a single sheet showing the expenses made in each quarter. Use Subtotal to group them according to item or month in each quarter
12	Create three different scenarios of a data given in LibreOffice Calc.
	DATABASE MANAGEMENT SYSTEM
13	Create a database to manage the Library / Transport System of a school
14	Design various tables in the database using wizard and Query
15	Create relationships among the tables
16	Inserting data in a table using wizard and Query.
17	Perform DML queries on these table

## CURRICULUM PLAN CLASS 10 (2023-2024) MARKETING AND SALES (SUBJECT CODE-412)

#### Learning Objectives:-

• To understand the classical marketing perspectives and contrasts these with newer views from relational and service-based schools of marketing

• To understand the dynamics of various environmental factors on marketing so as that students can think about a feasible marketing plan (process)

• To understand the utility of STP of marketing (i.e. Segmentation, Targeting, Positioning)

• To have an elementary knowledge of marketing mix, consumer behavior, and other preliminary concepts and roles of marketing in society

This course will empower the students to gain insights into what marketing practitioners actually do and the decisions they have to make in day to day marketing. This course is an effort to taught marketing in more creative and visual way with the coverage of advances in new technology and the social web and how to take advantage of these in marketing context. This course will also recognize the need to go further than the traditional 4P's approach and reflect on newer perspective, covering both the classical and modern theories of marketing

### APRIL(18 DAYS)

LOCATION:	DURATION:					
	SESSION 1: PRODUCT					
	Learning Outcome	Knowledge Evaluation	Performance Evaluation	Teaching And Training Method		
Classroom or Company's premises	<ol> <li>1. What are the types/ tools of Marketing Mix</li> <li>2. To understand product as the first tool of marketing mix.</li> </ol>	Able to understand the four tools of marketing mix and their role to satisfy the needs of a prospective customer.	<ol> <li>Able to understand the significance of marketing mix.</li> <li>Able to analyse the types and features of the product</li> </ol>	Interactive lecture Power point presentation on the four tools of Marketing Mix		
	SESSION 2: PRICE					
	Explain what is the meaning of price in context of one of the tools of marketing.	The learner would be able to understand the price policy and its strategies.	Able to analyse the different types of pricing techniques	Interactive lecture Power point presentation		

### Unit I – Sales with other functions –Introduction of Marketing Mix

# SESSION 3: PLACE

Understand the meaning of place in context of one of the tools of marketing mix	Able to understand the channels of distribution and role of intermediaries in physical	Able to identify the correct channel of distribution for a product/ service.	Interactive lecture Power point presentation
SESSION 4: PROMOT	distribution. TION		

## MAY :15 DAYS

## UNIT: II Market (Segmentation, Targeting and Positioning)

Location:	Session 1	Market	Segmen tation	
Classroom, retail store or Mall or local vendor	Learning Outcomes	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method
or Online websites	1. Describe the concept of Segmentation	<ol> <li>Describe the importance of segmentation in marketing.</li> <li>Explain how segmentation is done.</li> </ol>	<ol> <li>Identify a segment for a particular product</li> <li>Find out the requirements of an effective segment</li> </ol>	Interactive Lecture: Introduction to Market Segmentation Activity: Make a PowerPoint presentation on market segmentation
	2. Identify the bases of market segmentation	<ol> <li>Explain the various bases on which a market can be segmented</li> <li>Understand that different basis of segmentation are be used for different product categories.</li> </ol>	<ol> <li>Classify the various bases of segmentation.</li> <li>Differentiate between the different bases of segmentation</li> </ol>	Interactive Lecture: Basis of Segmentation Activity: Pick up a product of your choice and identify the segment for that product

Location:	Session 2	Tar	geting the Market	
	Cranol 2		Bernd the Market	
Classroom, retail store or Mall or local vendor	Learning Outcomes	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method
or online websites	1.Explain the concept of market targeting	<ol> <li>Describe the importance of Targeting the market</li> <li>Explain the process of evaluating the market</li> </ol>	<ul> <li>1.Understand</li> <li>how to target the market for a particular product</li> <li>2. Analysing</li> <li>how a market can be evaluated for the purposes of targeting</li> </ul>	Interactive Lecture: Introduction to Market Targetiog Activity: Make a presentation on the concept of targeting the market
	2. State the various Strategies of Targeting available to the marketer	<ol> <li>Explain the various strategies of Targeting the market</li> <li>Understand that different types of targeting strategies can be used for different types of products</li> </ol>	<ol> <li>Classify the various strategies of targeting</li> <li>Differentiate hetween the different bases of segmentation</li> </ol>	Interactive Lecture: Target Marketing Strategies Activity: Choose a product or service of your choice and identify which strategy of targeting would you choose for that product or service

JULY: 22 DAYS

Location:	Session 3	Positioning the Product		
Classroom, retail store or Mall or local vendor	Learning Outcomes	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method
or online websites	1.Describe the concept of Positioning	L Explain the importance of Positioning the product	<ol> <li>Understand how to position a product in a market</li> <li>Analyse how a product can be associated with a Positioning strategy</li> </ol>	Interactive Lecture: Introduction to Positioning Activity: Make a presentation on the importance of positioning the product in the market
	2.State the various bases/strategies of Positioning the product available to the marketer	<ol> <li>Comprehend the difference in the various strategies of Positioning the product</li> <li>Understand that different types of Positioning strategies can be used for different types of products</li> </ol>	<ol> <li>Classify the various strategies of Positoning</li> <li>Differentiate between the different bases/strategies of Positioning</li> </ol>	Interactive Lecture: Positioning Strategics Activity: Give a list of products to the students and ask them to position them on particular attributes and then present in class as to why they chose a pariicular attribute of positioning of a particular product

## AUGUST : 23 days

## **Unit-III: Sales Process**

Location:	Session 1	Prospecting		
Classroom retail store or Mall or local vendor	Learning Outcomes	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method
or Visiting kiosks	F. Describe the Process of Selling and the steps involved in the Process of Selling	<ol> <li>Analyse the importance of Process of Selling</li> <li>Understand how Selling is done.</li> </ol>	1. Identify the sequential arrangement of the steps involved in the selling process 2. Find out the importance of each step in the whole process of selling	Enteractive Lecture: Introduction toProcess of Selling Activity: Prepare a presentation on Process of selling and present it in the class
	2. Explain the first step in the process of selling	<ol> <li>Comprehend the importance of Prospecting in the process of Selling</li> <li>Analyse how Prospecting is done</li> </ol>	<ol> <li>Classify the various Steps of Process of Setting.</li> <li>Analyse the role of Prospecting in the process of Setting</li> </ol>	Interactive Lecture: Prospecting Activity: Role-playing in the class, wherein, some students act as prospective customers and some are asked to do Prospecting

Location:	Session 2	Pluming the Appr	ouch (Pre-Approach	)
Classroom, retail store or Mall or local vendor	Learning Outcomes	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method
or visit kiosks	t. Explain the cuncept of Planning an Appruach (Pre- Approach)	<ol> <li>Analyse the importance of Planning an Approach (Pre-Approach in the process of Selling</li> <li>Understand Pre-approach and preparation of presentation</li> </ol>	<ol> <li>Find out the process involved in the making of a presentation</li> <li>Analyse making of a presentation is made</li> </ol>	Interactive Lecture: Planning an Approach Activity: Students to be asked to plan an Aproach (Presentation)
	2. Describe the process of planning a presentation	<ol> <li>Comprehend the importance of Prospecting in the process of Selling</li> <li>Analyse how Prospecting is done</li> </ol>	<ol> <li>Classify the various ways of making a presentation</li> <li>Analyse the role of Pre- approach in the process of Selling</li> </ol>	Interactive Lecture: Process of Planning an Approach Activity: Role-playing in the class, wherein, some students act as prospective customers and some are asked to do Prospecting

## September: 10 days

Location:	Session 3	Hari	dling Objections	
Classroom, retail store or Mali or local vendor	Learning Outcomes	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method
er a Kiosk	i. Define the concept of Handling Objections in the process of Selling	I. Analyse the importance of Handling Objections in the process of Setting	1. Analyse the difficulties in Handling of Objections	Interactive Lecture: Handling Objections
		2. Understand the intricacies involved in Bandling Objections	2 Apply presence of mind in Handling Objections	Activity: Visit to a mall and let the students have a word with the salesperson and first hand experience of handling objections
	2.Explain the various methods of Handling Objections	<ol> <li>Comprehend the importance of Handling Objections in the process of Selling</li> <li>Analyse bow Objections are handled keeping in view the clistomers</li> </ol>	<ol> <li>Classify the various ways of handling objections</li> <li>Analyse the importance of asking questions in Handling Objections</li> </ol>	Interactive Lecture: Method of Handling Objections Activity: Role-playing in the olass, wherein, some students are asked to raise objections and some are asked to handle them

Location:	Session 4	Closing	he Sale	
Classroom, retail store or Mall or local vendor or a Kiosk	Learning Outcomes 1. Explain the meaning of 'Closing the Sale' in the process of Selling	Knowledge Evaluation 1. Comprehend the importance of 'Closing the Sale' in the Process of Selfing 2. Understand the intricacies/difficulties involved in 'Closing the Sale'	Performance Evaluation Evaluation E. Analyse the difficulties in 'Closing a Sale' 2. Apply presence of mind in 'Closing a Sale'	Teaching and Training Method Interactive Lecture: 'Closing a Sale' Activity: Visit to a mall and let the students have a word with the salespetson and first hand experience of 'Closing a Sale'
	2.Explain the varions ways of 'Closing the Sale'	<ol> <li>Learn the importance of 'Closing the Sale' in bringing repeat sales</li> <li>Analysebow a Sale is closed keeping in view the customers</li> </ol>	<ol> <li>Classify the various ways of 'Closing a Sale'</li> <li>Understand the importance of satisfying customers in 'Closing a Sale'</li> </ol>	Interactive Lecture: 'Closing a Sale' Activity: Role-playing in the class, wherein, a situation is given and the students are asked 'Close a Sale'

## October: 19 days

### UNIT IV: CAREERS IN SELLING

Unit Code:	UNIT TITLE: CAREERS IN SELLING					
	Duration:					
Location:		SESSIONI: CHELLEN	GES IN SELLING CARE	ER		
Classroom or Company's	Leanalog Outrome	Knowledge Evaluation	Performance Evaluation	Teaching and Training Method		
premises	<ol> <li>Career opportunities in sales</li> </ol>	1. To introduce about vast range of career positions in sales career path	1. Evaluate the significance of various career positions in sales	l.Introduction of different career positions in sales with current examples		
	2. Challenges in Selling career	2. To discuss various job related difficultiescoming before a salesman or sales manager	2. Justify need for understanding these problems to tackle thein skillfully	2. Discussion of problems with the help of situations and find out solutions from sindents' perspective		
	SESSION 2: SKILLS IN SELLING AND THEIR TRAINING					
	1. Pre-requisite skill set for salesmen	1. Explain the meaning ofPeople skills, Communication skills, Selling skills, Information and technology skills, Self management skills	1. Distinguish different types of skills essential to convince customers in selling process 2. Justify the need for their training	Interactive Lecture: Introduction of different skill sets or good salesmen in sellingprocess with their significance Activity: Role play ensciment		
	SESSION 3: ROLES AND RESPONSIBILITIES OF SALESMEN					
	<ol> <li>Methodical classificatio n of various rolesof sales persons in selling</li> </ol>	<ol> <li>Different roles played by a salesman like- Revenue generator, Consultant to customers, Image builder, Relationship builder</li> <li>Activities related with above said roles</li> </ol>	1.Explain the significance of each role played by a szlesman and discuss skills associated with it	Interactive Lecture: Explain duties associated witheach role- Revenue generator, Consultant to custoiners, Image builder Relationship builder of the sales man with examples.		
	Responsibilitie s of sales	1_Acknowledge different duties and responsibilities	1. Substantiate the essential obligations and	Interactive Lecture: Clarification on		

persons in selling	of salespersons in selling	commitments in the role of good salesman	importance of timelymeeting the responsibilities and duties by salesmen and in proper order Activity: Enlistobligations and commitments of salespersons
	SESSION 4: AFT	FER SALE SERVICES	
t. After sale services	<ol> <li>Meaning of After sale services</li> <li>Techniques of After sale services</li> <li>Significance of After sale services</li> </ol>	1. To explain the concept of After sale services, its various methods and the importance of After sale services	t. By lecture method the students are updated about meaning of 'After sale services' techniques of After sale services and significance of After sale services

## November: 19 days

## UNIT NO: V: Soft Skills in selling

Location				
Class Room				
		<u>SESSION – I</u>	SOFT SKILLS	
	Learning out	Knowledge	Performance	Teaching and
	come	Evaluations	Evaluation	Training method
	Soft Skills			
	(1) Describe Soft and hard skills.	<ul> <li>Explain the need of</li> <li>(1) hard skills and soft skills</li> <li>(2) Importance of soft skills in selling/ marketing.</li> </ul>	<ol> <li>Distinguish between soft skills and hard skills.</li> <li>List three soft skills.</li> </ol>	Interactive Lecture. Soft skills Hard skills. Activity: Student is asked to list soft skills.

<u>SESSION - II</u>			
Communication SI	cills		
(2) Explain the meaning of Communicatio n skill.	<ol> <li>Importance of communication skill in selling and marketing.</li> <li>State the role of oral and written communication.</li> <li>Explain the need to take feedback receiver's response.</li> </ol>	<ol> <li>Steps to create favorable image.</li> <li>Evaluate effective communication in selling.</li> <li>Justify need in your career success.</li> <li>Explain Need to pay attention to details while putting agreement in writing.</li> </ol>	<ol> <li>Interactive Lecture on communication skills.</li> <li>Power point presentation.</li> </ol>

SESSION III
<u>5E35ION - III</u>

Negotiation Skills			
Explain the meaning of Negotiation skills.	<ul> <li>(1) How communicatio n skills will impact in a business negotiation?</li> <li>(2) Explain why verbal communicatio n is effective in negotiations?</li> <li>(3) How negotiations settle conflicts.</li> </ul>	<ol> <li>How will emotional control help during negations?</li> <li>Justify discussions useful to gather more information.</li> <li>Why an actual negotiations be patience listener?</li> </ol>	Interactive Lecturer on negotiations skills. Arrange negotiating meeting between two groups of students. Observer the discussions of negotiating meeting.

		<u>ŞESSI</u>	<u>ON – IV</u>	1
Pe	rooming and roomal iquette	Knowledge Evolution	Performance Evolution	Tenching and training method
pe gr	nte the enning of rsount voming and iquettes.			
		<ol> <li>Why Etiquette is required in business dealing.</li> <li>Familiarize students with dress and grooming in a formal sales meeting.</li> <li>Need for appropriate dress.</li> <li>Introduce students with Etiquette in a formal set up. How to receive a customer in your office?</li> <li>Business</li> </ol>	<ul> <li>(1) It is necessary to groom our self according to the need of the hour. State appropriate dress for a lady sales person.</li> <li>(2) Would you recommend clothes with large floral prints?</li> <li>(3) Understand e- mail etiquettes telephone manners and overall conduct at the work place.</li> </ul>	<ul> <li>Interactive Lecturer on grooming and personal etiquettes.</li> <li>Introduce activity. Ask students on personal grooming and personal hygiene – demonstration.</li> <li>Power point presentation.</li> </ul>

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### SESSION - V

Ethic	al Behavior			
m et be (2) St pr ru cc ap bu (3) Is so re	escribe the leaning of hical chavior. tate rinciples and iles of onduct oplied in usiness. it a part of ocial esponsibility f business?	<ol> <li>Classify unfair business dealing.</li> <li>Importance of code of conduct and ethics used in business dealing.</li> </ol>	Identify unethical activities Analyses ethical behavior to justify importance. Differential between moral values and moral education distinguish between ethics and values.	Interactive Lecturer and discussions. Power point presentation. List the code of conduct developed by certain trade association.
		SESSI	<u>ION -VI</u>	

loflucacing Describe meaning influencing	the of	<ul> <li>Explains the relationship between negotiation and persuasion skills.</li> <li>Distinguish</li> </ul>	Understand the doctrine of consistence in completing the task.	Interactive Lecturer and discussions.
		between persuasive skill and influencing skills. <u>SESSION -V</u>	Analysis business objectives to solve business problem.	Power point presentation.
Emotional Quotient				
- Describe meaning Emotiona Quotient	of	- State the impact of emotional quotient in or emotional intelligence on your action in business dealing.	<ul> <li>Evaluate your self-awareness soft skill.</li> </ul>	Interactive Lectures and discussions. Power point presentation.

## **EMPLOYABILITIY SKILLS**

## December : 22 days

## REVISION

## January: 17 days

REVISION

### CURRICULUM PLAN CLASS 10 (2023-2024) DANCE

Learning Objective :-

- 1. Knowledge of the rich cultural heritage of India .
- 2. Knowledge of different dance forms and gharanas .
- 3. Develop the dancing skills , creativity , imagination / innovation .

Chapter / Topic	Mathadalami	Leonaire Obiestives	
	Methodology	Learning Objectives	
	April (18 d	aysj	
<ol> <li>Bhoomi Pranam</li> <li>Mantra Dance</li> </ol>	<ol> <li>Various types of movements with facial expression</li> </ol>	1. To develop Dance related skills .	
	2. Students will practice and perform different steps / movements along with the teacher		
	May (15 da	ys)	
1. Classical Dance & different Mudras	<ol> <li>Teaching using different mudras and movements</li> </ol>	<ol> <li>Developing the expressions and emphasis on beautiful mudras Mudra.</li> </ol>	
	of Dance. Using only hands & fingers along with – Tabla .	Wuura.	
	July (22 Da	ays)	
<ol> <li>Patriotic Dance of Advance level</li> </ol>	<ol> <li>Preparing dance for various programs .</li> </ol>	1. Feeling of patriotism.	
	<ol> <li>Practice the various dances with CD Player and suitable / Tri-color props .</li> </ol>		
	August (23 I	Days)	
1. Patriotic Dance	<ol> <li>Preparing dance steps &amp; movements for any program .</li> </ol>	1. Feeling of Patriotism	
	<ol> <li>Teaching Aid –</li> <li>Prepare dance any program with CD</li> <li>Player and Tri-colour</li> </ol>		

	props .	
	September (10	) Days)
<ol> <li>Rajasthani folk Dance</li> <li>Knowledge of state Dances .</li> </ol>	<ol> <li>Each Steps will be taught individually and in group with props like Matki , ghungroo , Manjira etc .</li> </ol>	<ol> <li>Developing skills of Stage Presentation.</li> </ol>
	October (19	Days)
<ol> <li>Lavani Folk Dance</li> <li>Knowledge of State Dances .</li> </ol>	<ol> <li>One by one steps taught individually and in group .</li> <li>Teaching Aid – CD Player and props .</li> </ol>	<ol> <li>Developing skills of stage presentation .</li> </ol>
	November (	19 days)
1. All different type of folk Dance	<ol> <li>Preparing advance level folk dances for various functions and competitions.</li> <li>Students will practice with appropriate props, Tabla, Dholak , Naal, Ghungroo etc</li> </ol>	
	December(22	
1. Classical fussion Dance	<ol> <li>Preparing graceful movements and steps for any Grand level Function .</li> <li>Teaching Aid – CD Player .</li> </ol>	<ol> <li>Develop of Rhythm sense &amp; Expression .</li> </ol>
	January (17 d	ays)
<ol> <li>Patriotic Dance</li> <li>Knowledge of famous freedom fighters .</li> </ol>	<ol> <li>Using body , hands and fingers in dance .</li> <li>Students will try , learn and practice to perform individually as well as in group CD Player , Props .</li> </ol>	1. Feeling of Patriotism .

February		
<ol> <li>Collect pictures of Indian classical dancers and makes charts.</li> </ol>	<ol> <li>Discussion on different aspects / nuances of kathak form of classical dance.</li> </ol>	<ol> <li>Developing creativity , imagination , innovation and dancing skills .</li> </ol>

### CURRICULUM PLAN CLASS-10 (2023-2024) MUSIC VOCAL

 $\Box$  Every class will begin with the chanting of (OM), 'Gayatri Mantra .

Theme/content	Methodology/Activity	Learning outcome			
	<u>April (18 days)</u>				
<ul> <li>Vandematram</li> <li>Discussions on great musicianse.g. Haridas, Tansen.</li> </ul>	<ul> <li>Learn and memorize the mantra.</li> <li>Children will be told about the works of different musicians.</li> </ul>	• They will come to know about the great musicians and the hard work they did.			
	May(15 days)				
<ul> <li>Discussion on Books written on music e.g. Raag VISHARAD etc.</li> </ul>	• The teacher will discuss about the facts written in the books.	• Will improve the awareness towards the music.			
	<u>July (21 days</u>	)			
<ul><li>Patriotic song</li><li>Thaat system</li></ul>	<ul> <li>They will learn different patriotic songs.</li> <li>Each child will sing differently.</li> </ul>	<ul> <li>Will develop patriotic feeling.</li> <li>Develop singing skills.</li> </ul>			

<u>August – September (33 days)</u>				
<ul> <li>Knowledge about gharana</li> <li>Patriotic song</li> <li>Community singing.</li> <li>Knowledge about Harmonium and table</li> <li>Independence day</li> <li>Folk song singers</li> <li>Folk instruments and the dress of folk singers</li> </ul>	<ul> <li>Discussions on different gharana in different region.</li> <li>Hand movements on harmonium.</li> <li>National anthem and prayer on harmonium.</li> <li>Discussions on different folk songs of different region.</li> </ul>	<ul> <li>Will improves the awareness towards gharana in music.</li> <li>They will learn how to play harmonium.</li> </ul>		
	OCTOBER(19 da	<u>lys)</u>		
<ul> <li>Instruments (rare instruments like Rabab, Dilruba, Veena etc.)</li> </ul>	<ul> <li>They will made to listen the music and discusiion on instruments.</li> </ul>	<ul> <li>Awareness towards the subject, they will know about the different instruments.</li> </ul>		
	<u>NOV-DEC (41 da</u>	<u>vys)</u>		
<ul> <li>Songs various functions, competitions, Annual day, sports day.</li> </ul>	<ul> <li>They will learn specific.</li> </ul>	<ul> <li>Develop creativity , imagination, innovation.</li> <li>Develop interest to participate in school functions.</li> </ul>		
	<u>JAN (17 days)</u>			
Chart papers based on famous playback singers	<ul> <li>Children will bring pictures of different artists. They will paste the pictures on chart papers.</li> </ul>	<ul> <li>Develop creativity. Develop interpersonal relation, learn to work group</li> </ul>		

## HEALTH AND PHYSICAL EDUCATION (503) SPORTS CLASS - X (2023-2024)

General Objectives :

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- To develop awareness regarding the importance ci Physical Fitness in individual and social life including life skill.
- To develop interest in Exercise, Sports and Games for self satisfaction and make it a part of life.
- To inculcate values and skills in children in order to promote self control, concentration, peace and relaxation to avoid the ill effect of stress, strain and fatique of routine every day life.
- To develop more positive attitude towards challenges, winning and losing, thus preparing students for like and fun the work place.

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Introduction of Game	Any one Game	Explanation Method Introduction of specific Game.	Students will come to know the
		Demonstration Method : Learning of basic skill of the game.	basic skill of the game.
STRAND II Yoga	Any Two Meditation Asanas	Demonstration and Explanation Method. Every student will do Sukhasana and Padma Asanas.	Improve concentration power/ ability.
STRAND IV Body Composition	BMI for specific Age and Gender	BMI is calculated from body mass (M) and height Equipment scales and stadiometer as for weight and height.	Know about their BMI level.

WORKING DAYS-19

APRIL

WORKING DAYS - 16

MAY

Contents	Test	Methodology / Activity	Learning Outcome
<u>STRAND I</u> Game and Sports		Demonstration and Explanation Method. Learning of 5 basic skills of your games.	Learning of Basic skills of the game.
STRAND II Yoga Any 5 Cultural Asanas		Tadasana, Trikonasana, Vajar Asana, Gomukh asanas, Akarandhanur Asana.	Come to know about Meditation Asanas and same, Cultural Asanas.
<u>STRAND IV</u> Muscular Strength Partial Curl up (Core)		The curl up test measures abdominal muscular strength and endurance.	Records the maximum number of sit ups in 30 sec.
Flexed/Bent Arms Hang ( (up per Body)		Muscular endurance/functional strength equipment: stopwatch, and elevated horizontal Bar	The total time in second is recorded.

## JULY

WORKLONG DAYS - 22.

WORKING DAYS - 24

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Games and Sports		Demonstration and Explanation Method. Fractice of Basic skills and peform in match.	Students will play match for short period.
STRAND II Cultural Asanas		Starts with Meditation Asanas and do 5 Cultural Asanas	Improve Concentration and Flexibility, Strength and Endurance.
STRAND IV Flexibility Measurements of flexibility of lower back and hamstring muscles	Sit and Reach Test	Demonstration and Explanation Method. This test is conduct with set and reach box and score is recorded to the nearest centimeter as the distance reached by the hand. Equipment – Sit and Reach Box	Flexibility of lower back and upper leg muscle will improve.

## AUGUST

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Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Games and Sports	Specific Game	Explanation and Demonstration Method. Practice of General and Specific Fitness Exercise and Skill.	Improve the performance of your game.
<u>STRAND II</u> Yoga	Cultural Asanas	Sarwang asanas, Pawanmuktasana, Bhujang asanas, Salabh asanas, Dhanurasasana.	Increase the flexibility and accuracy.
<u>STRAND IV</u> Endurance Cardiovascular Fitness	600 yard mt. Race	600 yard Run/walk in fastest possible pace. Objectives to cover 600 yard distance.	Time taken for completion
Co-ordination speed limbs movement	50 mt.Dash	50 mt. dash (sprint) run with minimum time recorded.	Time taken for completion

## SEPTEMBER

WORKING DAYS - 22

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Games and Sports	Match of specific game	Demonstration and Explanation Method. Organise match of specific game in your relative class.	Find out the strengthen a; weak skill of student.
STRAND II Yoga	Parnayam	Practice of Pranayam Purak, Rachek and Kumbak	Improve the efficiency Respiratory system and lun capacity.
<u>STRAND IV</u> Balance (Optional) (Flamingo Balance Test)	Static Balance Flamingo Balance Test	Ability to balance successfully on a single leg on the beam/line.	Total time till the soudent los balance.
Plate Tapping (Optional)	Co- Ordination	Test speed and co-ordination of limb movement by tapping on the adjustable height table on two discs with non preferred hand as quickly as possible (25 full cycle 50 taps)	Time taken to complete 25 cyc is recorded.

## WORKING DAYS - 20

### OCTOBER

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I		Explanation Method	
Introduction of Game	Any one	Introduction of specific Game.	Students will come to know th
	Game	Demonstration Method : Learning of basic skill of the game.	basic skill of the game.
STRAND II			
Yoga	Any Two	Demonstration and Explanation	Improve concentration power
	Meditation Asanas	Method. Every student will do Sukhasana and Padma Asanas.	ability.
STRAND IV			
Body Composition	BMI for specific Age	BMI is calculated from body mass (M) and height	Know about their BMI level.
	and Gender	Equipment scales and stadiometer as for weight and height.	

WORKING DAYS - 20

## NOVEMBER

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Game and Sports	ķ	Demonstration and Explanation Method. Learning of 5 basic skills of your games.	Learning of Basic skills of the game.
STRAND II Yoga Any 5 Cultural Asanas		Tadasana, Trikonasana, Vajar Asana, Gomukh asanas, Akarandhanur Asana.	Time to know about Meditation Asanas and same. Cultural Asanas.
<u>STRAND IV</u> Muscular Strength Partial Curl up (Core)	¢	The curl up test measures abdominal muscular strength and endurance.	Records the maximum number of sit ups in 30 sec.
Flexed/Bent Arms Hang (up per Body)	્ર્	Muscular endurance/functional strength equipment: stopwatch, and elevated horizontal Bar	The total time in second is recorded.

### DECEMBER

Contents	Test	Methodology / Activity	Learning Outcome
<u>STRAND I</u> Games and Sports		Demonstration and Explanation Method. Practice of Basic skills and peform in match.	Students will match for short period.
<u>STRAND II</u> Cultural Asanas	-0-	Starts with Meditation Asanas and do 5 Cultural Asanas	Improve Concentration and Flexibility and Strength Endurance.
STRAND IV Flexibility Measurements of flexibility of lower back and hamstring muscles	Sit and Reach Test	Demonstration and Explanation Method. This test is conduct with set and reach box and score is recorded to the nearest centimeter as the distance reached by the hand.	

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WORKLENG DAYS - 17

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JANUARY

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Games and Sports	Specific Game	Explanation and Demonstration Method. Practice of General and Specific Fitness Exercise and Skill.	Improve the performance of your game.
<u>SIRAND II</u> Yoga	Cultural Asanas	Sawang asanas, Pawanmuktasana, Bhujang asanas, Salabh asanas, Dhanurasasana.	Increase the flexibility and accuracy.
<u>STRAND IV</u> Endurance Cardiovascular Fitness	600 yard mt. Race	600 yard Run/walk in fastest possible pace. Objectives to cover 600 yard distance.	Time taken for completion
Co-ordination speed limbs movement	50 mt.Dash	50 mt. dash (sprint) run with minimum time recorded.	Time taken for completion

### FEBRUARY

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Games and Sports	Match of specific game	Demonstration and Explanation Method. Organise match of specific game in your relative class.	Find out the strengthen and weak skill of student.
<u>STRAND II</u> Yoga	Parnayam	Practice of Pranayam Purak, Rachek and Kumbak	Improve the efficiency of Respiratory system and lungs capacity.
<u>STRAND IV</u> Balance (Optional) (Flamingo Balance Test)	Static Balance Flamingo Balance Test	Ability to balance successfully on a single leg on the beam/line.	Total time till the student loses balance.
Plate Tapping	Co- Ordination	Test speed and co-ordination of limb movement by tapping on the adjustable height table on two discs with non preferred hand as quickly as possible (25 full cycle 50 taps)	Time taken to complete 25 cycle is recorded.

#### CURRICULUM PLAN CLASS 10 (2023-2024) FINE ARTS

### Learning Objective

The objective of Fine Art is to create & develop a sense of aesthetics, creativity & nurture innovative ideas in day-to-day life. Art is essential for a child's overall development & enhancing innovative skills which reflects in other spheres of life.

Chapter Name	Methodology	Learning Objectives
	April(21 days)	
<ul> <li>Still Life-I</li> <li>Still Life-II</li> </ul>	<ul> <li>Still Life / Object Drawing (Black &amp; White)</li> <li>Still Life / Object Drawing (Coloured)</li> </ul>	<ul> <li>To be able to learn &amp; draw exact light, shadow, perspective &amp; shape of the object in pencil shading (black &amp; white).</li> <li>To be able to learn &amp; draw exact light, shadow, perspective &amp; shape of the object in any color medium (colored).</li> </ul>
	May(15 days)	
Graphic     Design	<ul> <li>Graphical / Geometrical design (contemporary style)</li> </ul>	• To be able to learn & draw a Graphic Design & to know the purpose of it & how to utilize it in several Art works.
	July (24 days	s)
<ul> <li>Portraiture making-I</li> <li>Portraiture making-II</li> </ul>	<ul> <li>Portrait (Black &amp; White)</li> <li>Portrait (Colored)</li> </ul>	<ul> <li>To be able to learn the technical skills of making a portraiture in pencil shading in the correct form.</li> <li>To be able to learn the technical skills of making a portraiture in colored shading in the correct form.</li> </ul>
	August	
<ul> <li>Landscape making</li> <li>Poster making on a specific theme</li> </ul>	<ul> <li>(22 days)</li> <li>Landscape / Seascape with watercolor.</li> <li>Poster making on Independence Day</li> </ul>	<ul> <li>Creating a landscape focusing its perspective, light &amp; shadow &amp; learning the right coloring skills.</li> <li>Creating a poster design on a patriotic theme- Independence Day.</li> </ul>
	September (25 da	ays)
Poster Making on Social Issues	• Poster making on Corruption, Child labor and Women empowerment	• To learn the skills of poster making & cultivating ideas for the same.

	October (17 day	/s)
<ul> <li>Composition making</li> <li>Greeting Card making</li> </ul>	<ul><li>Dussehra /Diwali Scene</li><li>Card Making</li></ul>	<ul> <li>To compose a scene on Diwali in celebration mood.</li> <li>To create Diwali greeting cards using best out of wastes &amp; different printing techniques.</li> </ul>
	November (24 da	
<ul><li>Folk Art</li><li>Doodle Art</li></ul>	<ul> <li>Folk Art/ Traditional Painting</li> <li>Doodle Art/Scribble Art</li> </ul>	<ul> <li>To learn the origination &amp; rich culture &amp; heritage of types of Indian Folk Art.</li> <li>To learn the modern techniques &amp; ideas of contemporary Doodle Art.</li> </ul>
	December(25 da	
<ul> <li>Illustration &amp; Designing</li> <li>Book cover- Layout &amp; Printing</li> </ul>	<ul><li>Illustration</li><li>Book Cover Designing</li></ul>	<ul> <li>To learn the correct techniques of creating an illustration design based on different story scenes.</li> <li>To learn the concept &amp; process of book cover designing &amp; printing.</li> </ul>
	January (18 da	
<ul> <li>Caricature and Character designing</li> <li>Cartooning</li> </ul>	<ul> <li>Caricature &amp; Character building</li> <li>Cartooning in storyboard</li> </ul>	<ul> <li>To learn the special techniques of caricature designing, origination and it purpose of making.</li> <li>To learn the purpose of cartooning in the storyboard. To create a character according to the storyline.</li> </ul>
	February	, , , , , , , , , , , , , , , , , , ,
Research     Project	• Research on Indian and International artist (one each)	• To know the growth and development of an internationally known artist, there style & variety of work & masterpieces created by them in their lifetime.