D.A.V. PUBLIC SCHOOL, SECTOR-37, FARIDABAD

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# Dear Parent

With the advent of social media and availability of unlimited online information, games and movies, the Internet has become a source of escape for youngsters. Unfortunately this makes them easy and soft targets of online manipulations. We as responsible adults need to safeguard our children against the unknown dangers lurking behind the screens.

Communicating clearly and openly with your wards about the Dos and Don'ts while they are online is very important. Discuss the following with them:

## DOs

- 1. Do be careful while sharing contents online especially personal pictures and information.
- 2. Do use strong privacy settings to secure your profile.
- 3. Do confide in your parents/elders in the family or teachers in case of any online threats or cyber-bullying.
- 4. Do inform your parent/teacher if you observe any change in behaviour of your sibling or friend.

### DON'Ts

- 1. Don't open any email or link from unknown sources.
- 2. Don't befriend unknown people. Never meet any online friend personally.
- 3. Don't use pirated software or illegal content.
- 4. Don't be lured by advertisements announcing free prizes/popups.

### **AS PARENTS**

- ✓ Spend quality time with your wards. Interact with them on daily basis and allow them to express their feelings, thoughts and concerns.
- ✓ Engage with them in physical activities like indoor games and sports.
- ✓ Encourage them to attend social functions and family get-togethers.
- ✓ Provide emotional support to reject online lethal games.
- ✓ Be vigilant of any behavioural changes in them.
- ✓ Monitor the sites your child visits by searching the web history.
- ✓ Restrict the Online Activities of your ward to a limited time period set by you.

### TIMELY INTERVENTIONS WILL PROTECT YOUR CHILD FROM ANY ONLINE ABUSE.

With regards

Yours sincerely

DEEPTI JAGOTA Principal